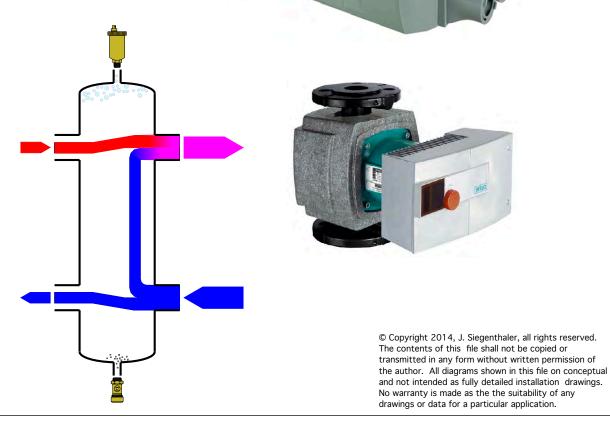
# **Understanding Hydronic Systems**



Mestek Institute, June 16, 2014

Presented by: John Siegenthaler, P.E.

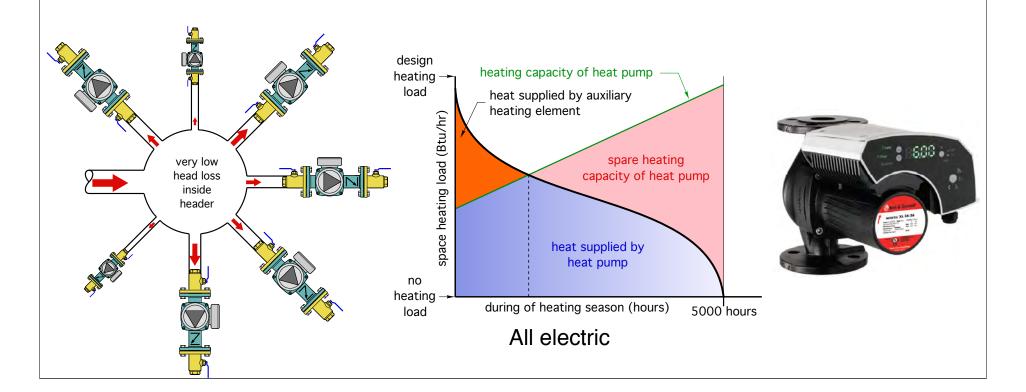




# Understanding Hydronic Systems

# Today's topics...

- Hydraulic separation, what is it? & Why it's important
- Distribution efficiency & low power pumping
- Air-to-water heat pump systems
- Low temperature hydronic heat emitters
- Small scale chilled water cooling

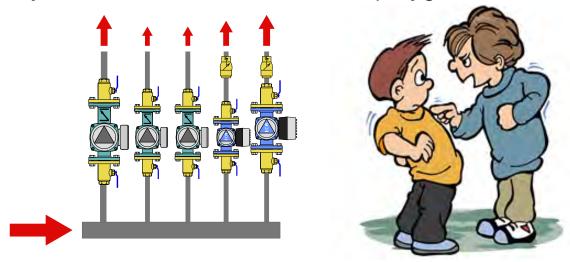


# Hydraulic Separation

What it is.
Why it's important.
How to achieve it.

# Hydraulic Separation:

Think of two circulators, operating simultaneously in the same piping assembly, as rival bullies on the same playground.



When 2 or more circulators are operating simultaneously in the same piping assembly, they try to "interfere" with each other.

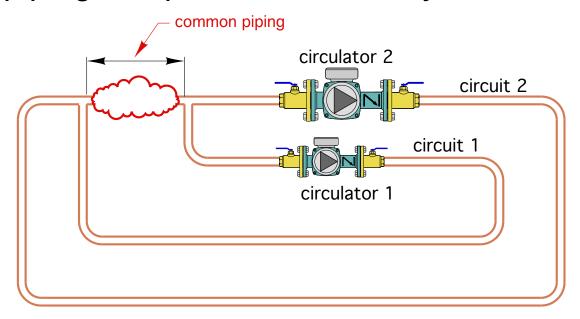
This interference is undesirable!

To avoid this interference the circulators need to be "hydraulically separated" from each other.

There are several ways to do this...

#### What is "COMMON PIPING?"

It's the piping components shared by two or more circuits.

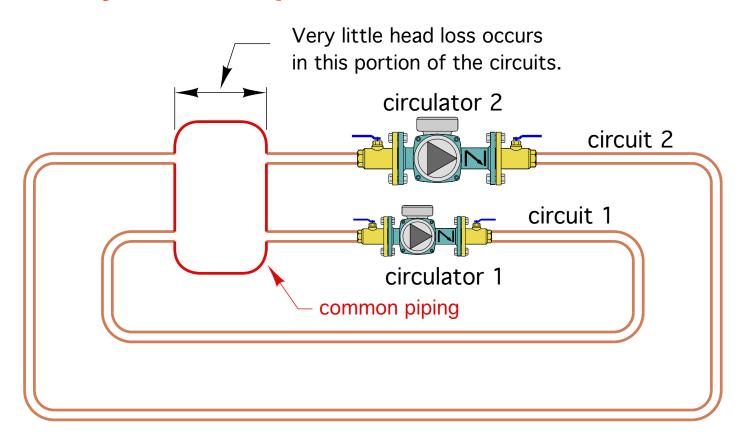


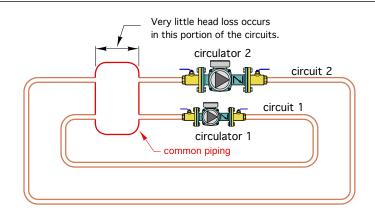
The degree to which two or more operating circulators interact with each other depends on the head loss of the common piping.

The lower the head loss of the common piping the less the circulators will interfere with each other.

When the head loss of the common piping is very low, there is "hydraulic separation" between the circuits.

# When the head loss of the common piping is very low, there is "hydraulic separation" between the circuits.





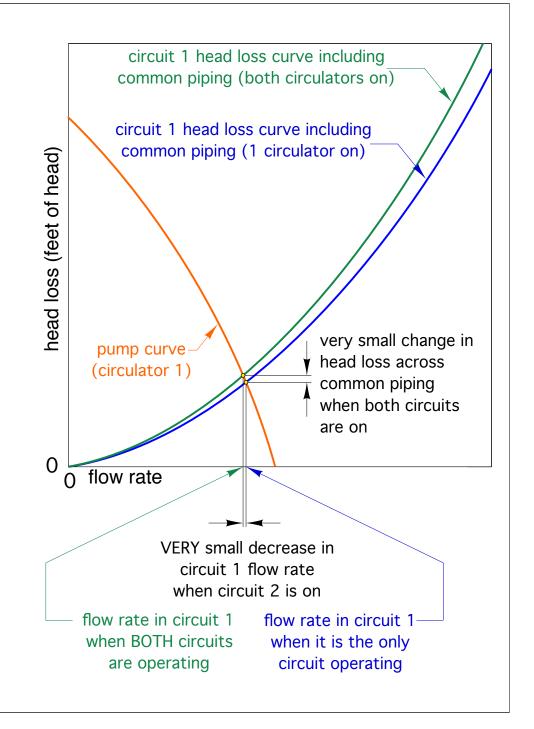
Assume that circulator 1 is operating, but that circulator 2 is off. The lower (blue) system head loss curve in figure 2 applies to this situation.

Next, assume circulator 2 is turned on, and circulator 1 continues to operate.

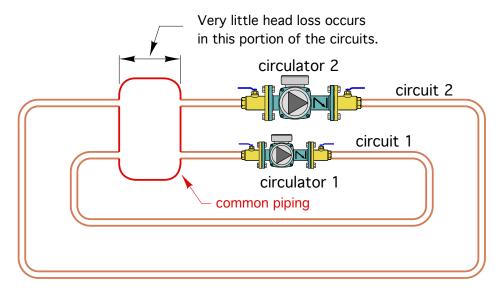
The flow rate through the common piping increases, and so does the head loss across it.

However, because of its spacious geometry, the increase in head loss across the common piping will be very slight. The system head loss curve that is now "seen" by circulator 1 has very slightly steepened. It is the upper, (green) curve shown in figure 2.

The operating point of circuit 1 has moved very slightly to the left, and as a result, the flow rate through circuit 1 has decreased very slightly.



# **Almost Perfect Is Good Enough:**



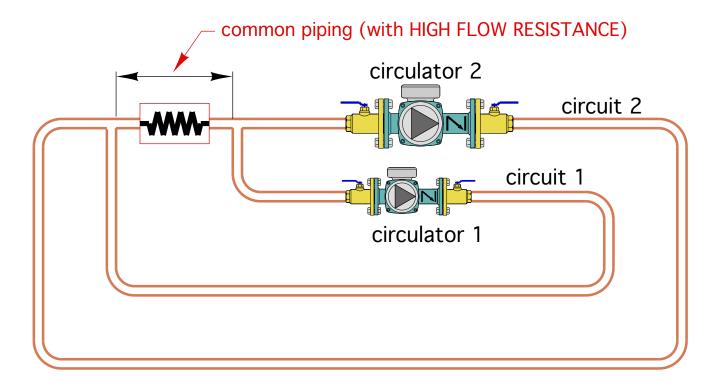
Imagine a hypothetical situation in which the head loss across the common piping was *zero*, even with both circuits operating.

Because **NO** head loss occurs across the common piping, it would be impossible for either circulator to "influence" the other circulator.

#### This would be "perfect" hydraulic separation.

Fortunately, <u>perfect hydraulic separation is not required</u> to ensure that the flow rates through independently operated circuits remain reasonably stable.

# Common piping with high flow resistance is NOT good:



The higher the flow resistance of the common piping, the more each circulator will "influence" flow in the other circuit (e.g. the lower the hydraulic separation of the circuits.

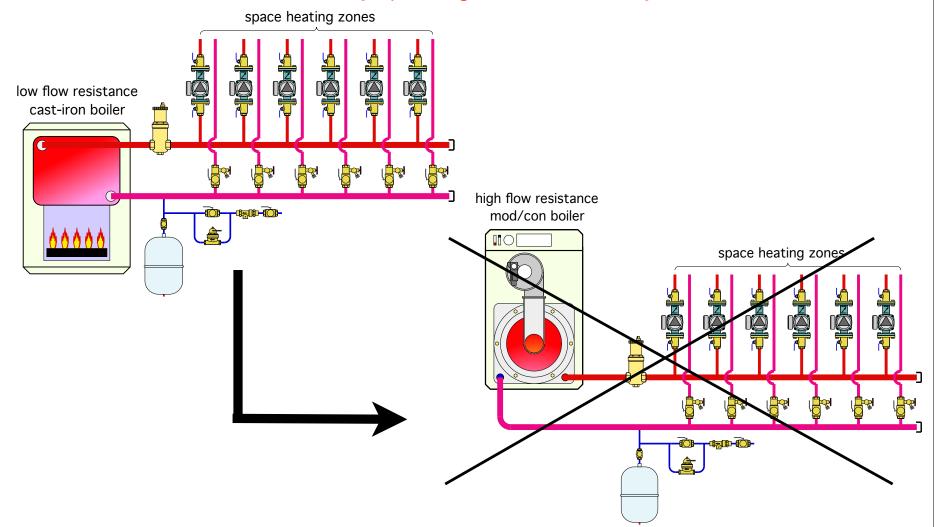
#### High flow resistance common piping - something to avoid head added (feet) psi $\Delta P$ at 0 flow small circulator backseated P=17psi P=22 psi flow check pump curve 10 large circulator flow rate (gpm) by circulator @ 0 flow = 4 psi $\Delta P = 10 \text{ psi}$ P=12 psi larger circulator smaller circulator $\Delta P = 5 \text{ psi}$ P=13 psi P=16 psi P=17 psi no flow common piping and heat source have common piping and heat source have high flow resistance HIGH FLOW RESISTANCE

Conventional cast-iron boilers have very **low** flow resistance.

Modern compact boilers have *much higher* flow resistance.

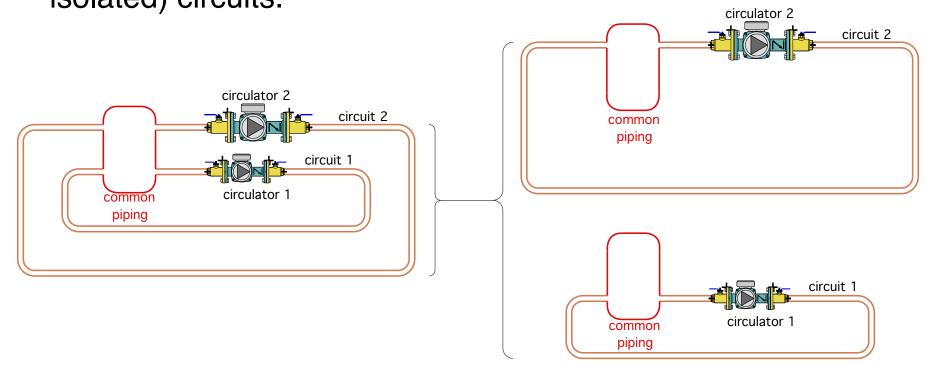
If a compact boiler is "cut and soldered" in place to replace a cast iron boiler,

Interference between simultaneously operating circulators is likely.



## **Divide & Conquer:**

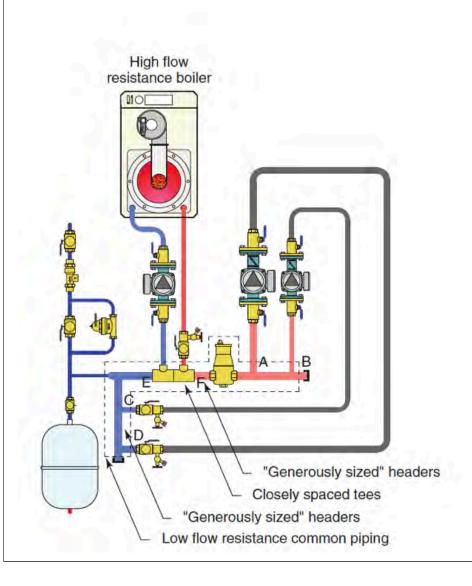
Hydraulic separation allows designers to think of an overall system as a collection of independent ("hydraulically isolated) circuits.

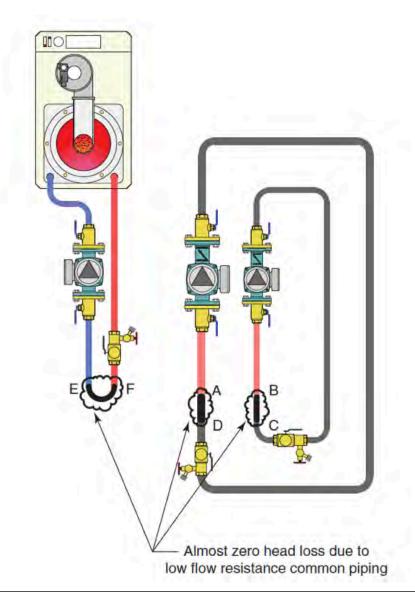


From the standpoint of hydraulics, each circuit can be designed as if it's a stand-along circuit.

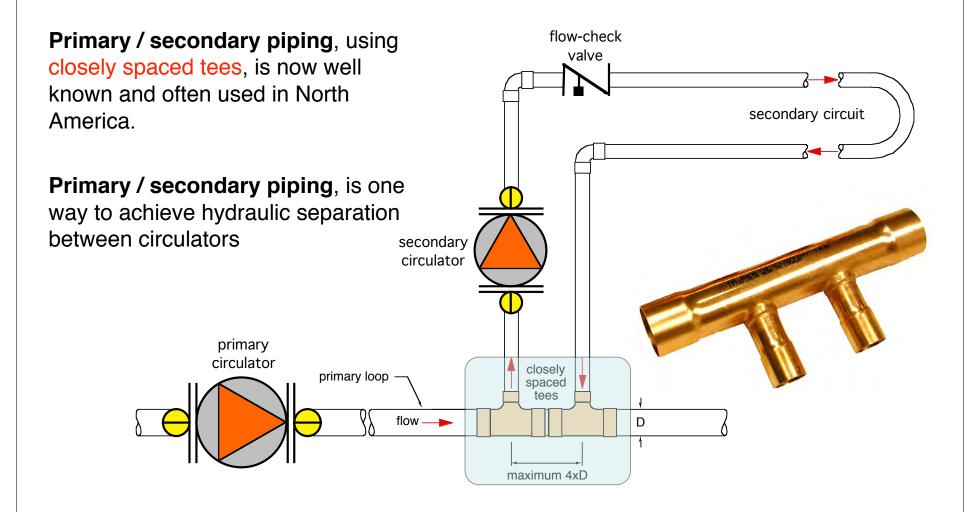
# **Divide & Conquer:**

- Simplifying system analysis
- Preventing flow interference



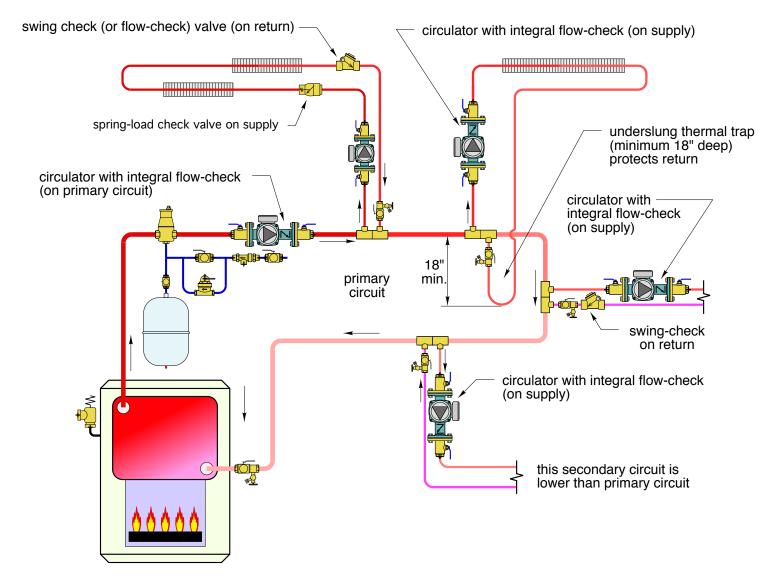


#### Primary / Secondary piping - where it all began...



But primary / secondary piping is not the ONLY way to create hydraulic separation...

## Primary / secondary piping (one way to provide hydraulic separation)



This is a SERIES primary loop. It will create a sequential drop in water temperature from one secondary circuit to the next.

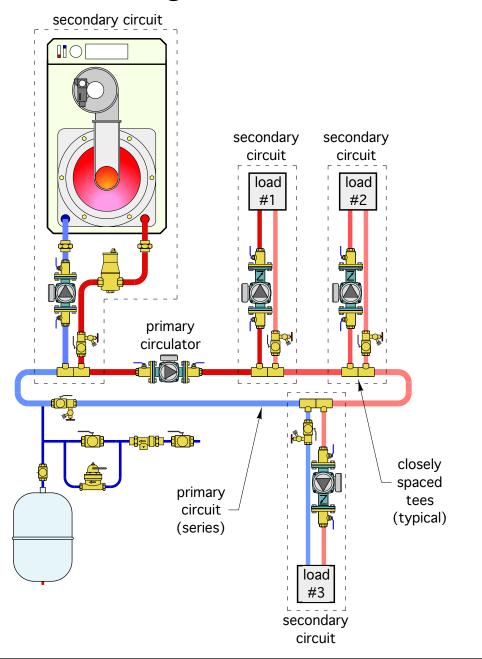
#### Primary / Secondary piping - where it all began...

**Primary / secondary piping**, using closely spaced tees, is now well known and often used in North America.

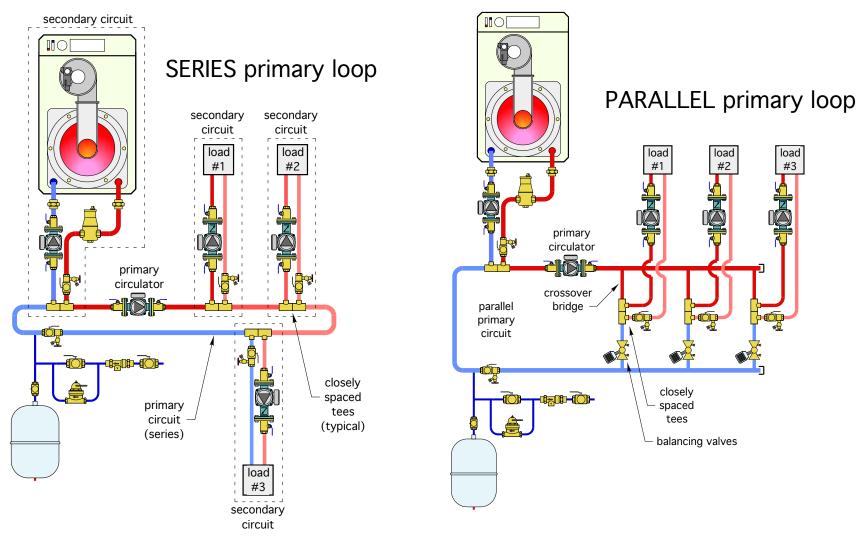


**Primary / secondary piping**, is one way to achieve hydraulic separation between circulators.

But primary / secondary piping is not the ONLY way to create hydraulic separation...



#### Series and parallel primary/secondary systems



Both series and parallel primary/secondary systems require a primary circulator.

This adds to the installed cost of the system AND adds hundreds, even thousands of dollars in operating cost over a typical system life.

## An example of primary loop circulator operating cost:

Consider a system that supplies 500,000 Btu/hr at design load. Flow in the primary loop is 50 gpm with a corresponding head loss of 15 feet (6.35 psi pressure drop). Assume a wet rotor circulator with wire-to-water efficiency of 25 is used as the primary circulator.

The input wattage to the circulator can be estimated as follows:

$$W = \frac{0.4344 \times f \times \Delta P}{0.25} = \frac{0.4344 \times 50 \times 6.35}{0.25} = 552 watts$$

Assuming this primary circulator runs for 3000 hours per year its first year operating cost would be:

1st year cost = 
$$\left(\frac{3000hr}{yr}\right)\left(\frac{552w}{1}\right)\left(\frac{1kwhr}{1000whr}\right)\left(\frac{\$0.10}{kwhr}\right) = \$165.60$$

#### An example of primary loop circulator operating cost:

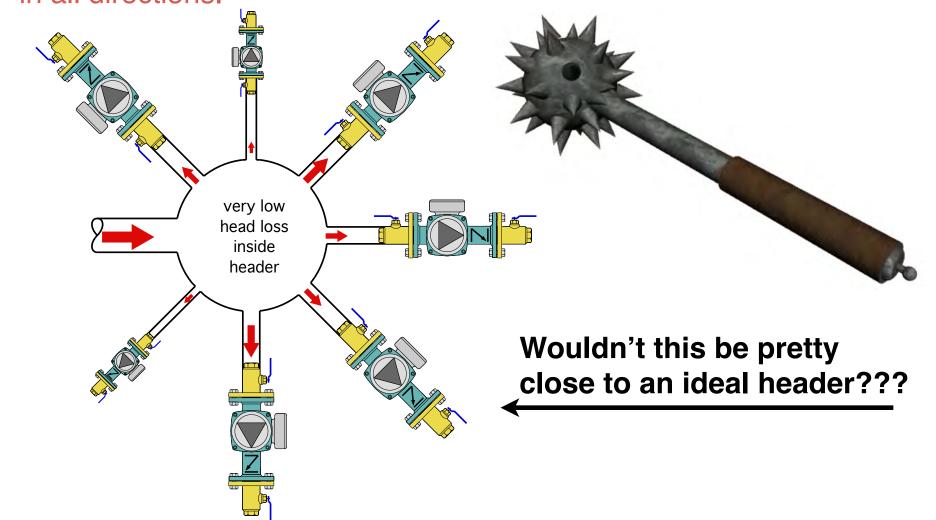
Assuming electrical cost escalates at 4% per year the total operating cost over a 20-year design life is:

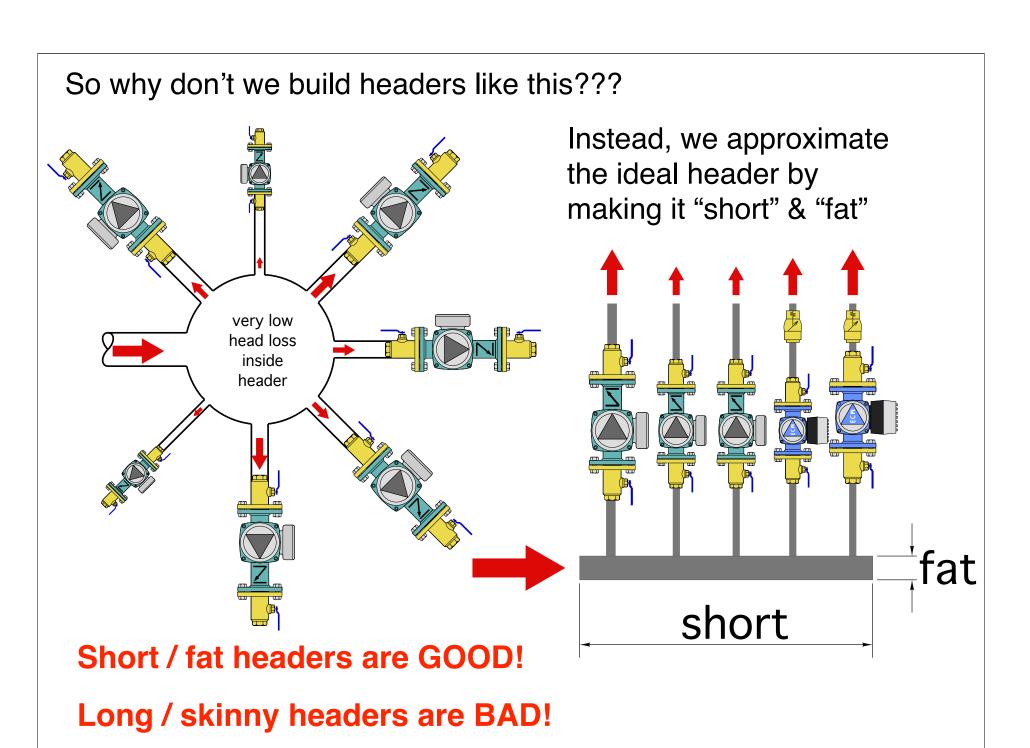
$$c_T = c_1 \times \left(\frac{(1+i)^N - 1}{i}\right) = \$165.60 \times \left(\frac{(1+0.04)^{20} - 1}{0.04}\right) = \$4,931$$

This, combined with eliminating the multi-hundred dollar installation cost of the primary circulator obviously results in significant savings. Question: What is the "ideal" header in a hydronic system?

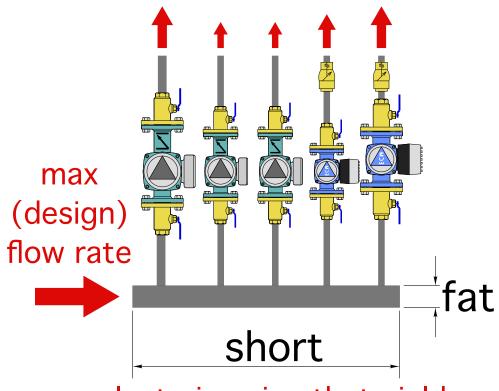
Answer: One that splits up the flow without creating head loss

Think about a "copper basketball" with pipes sticking out of it in all directions.





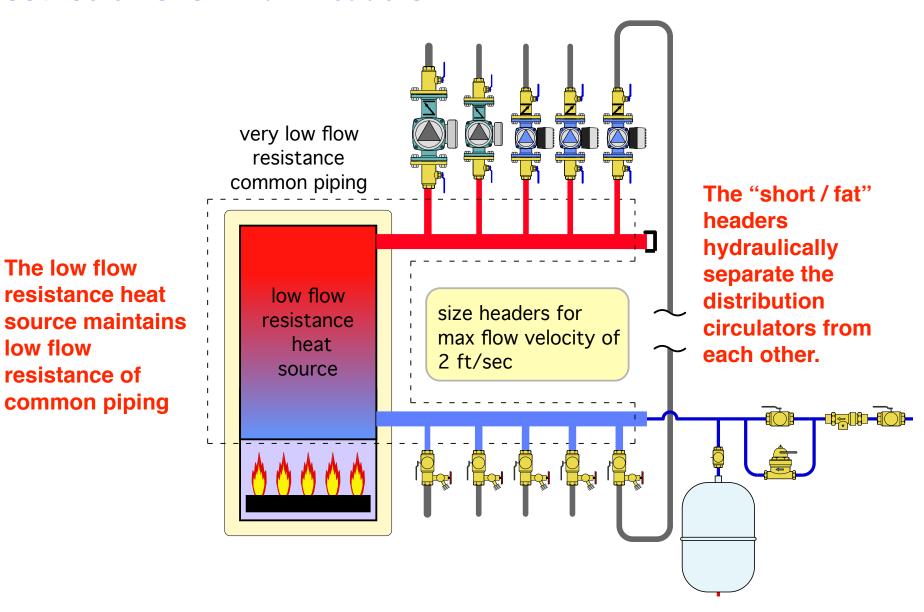
#### So what's EXACTLY is a short / fat header???

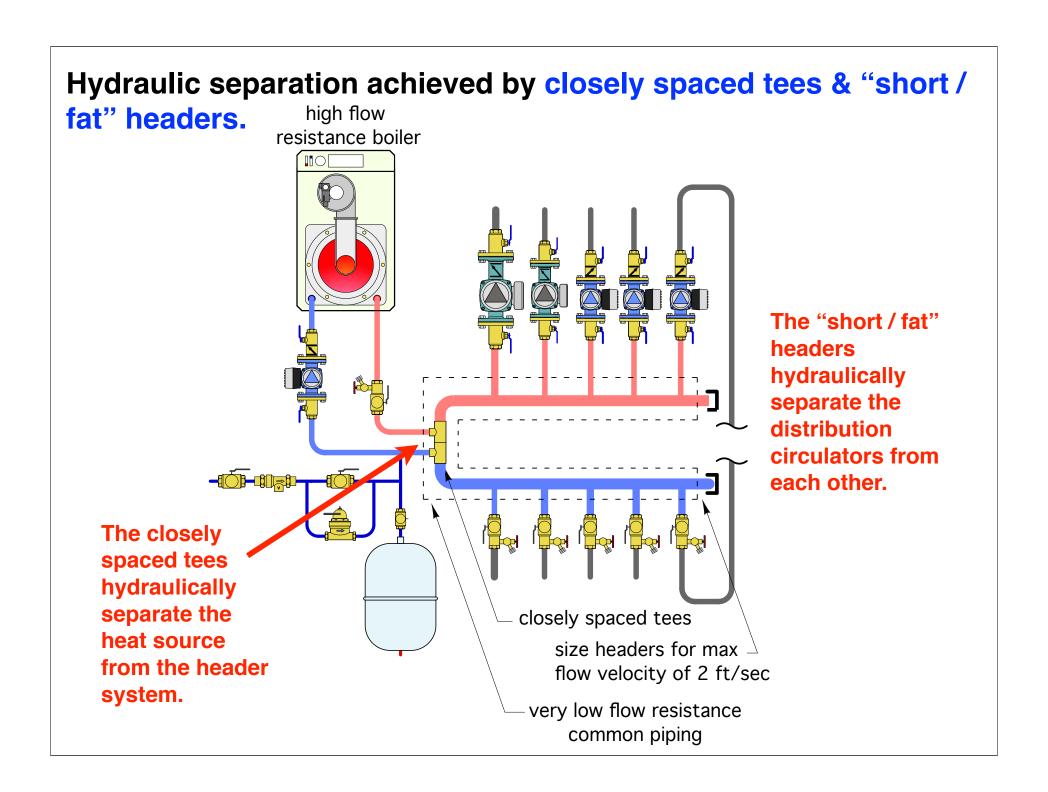


select pipe size that yields a flow velocity no higher than 2 feet per second

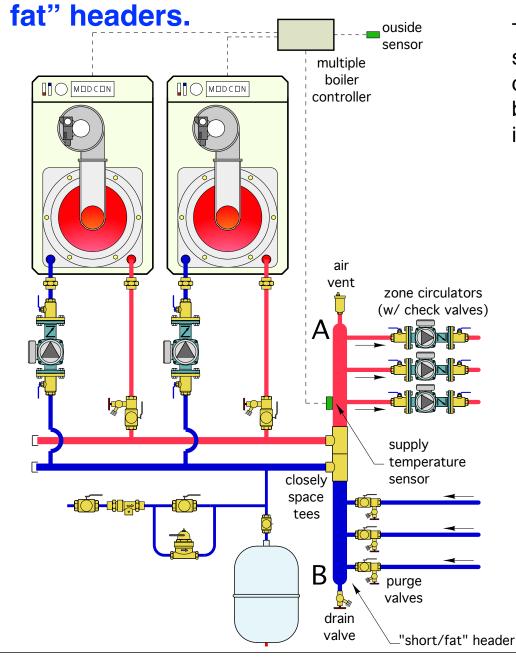
Tubing	Flow rate to establish 2 ft/sec flow velocity
1/2" type M copper	1.6 gpm
3/4" type M copper	3.2 gpm
1" type M copper	5.5 gpm
1.25" type M copper	8.2 gpm
1.5" type M copper	11.4 gpm
2" type M copper	19.8 gpm
2.5" type M copper	30.5 gpm
3" type M copper	43.6 gpm

# Hydraulic separation achieved by low flow resistance heat source & "short / fat" headers.





#### Hydraulic separation achieved by closely spaced tees & "short /



The "short & fat" header and close spacing between supply and return connections results in a low pressure drop between points A and B. Each load circuit is hydraulically separated from the others.

- Header should be sized for max.
   flow velocity of 2 feet per second
- Each circuit must include a check valve.
- The supply temperature sensor must be downstream of the point of hydraulic separation.
- The header can be vertical (as shown) or horizontal.

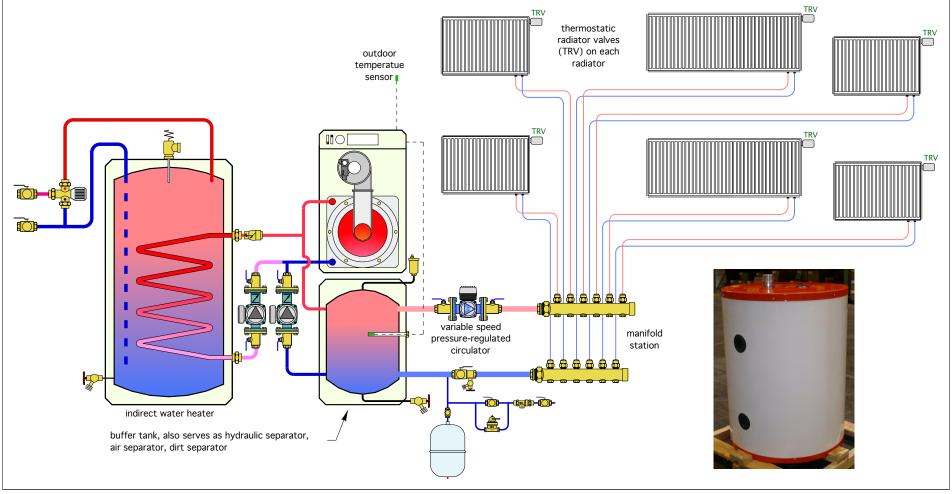


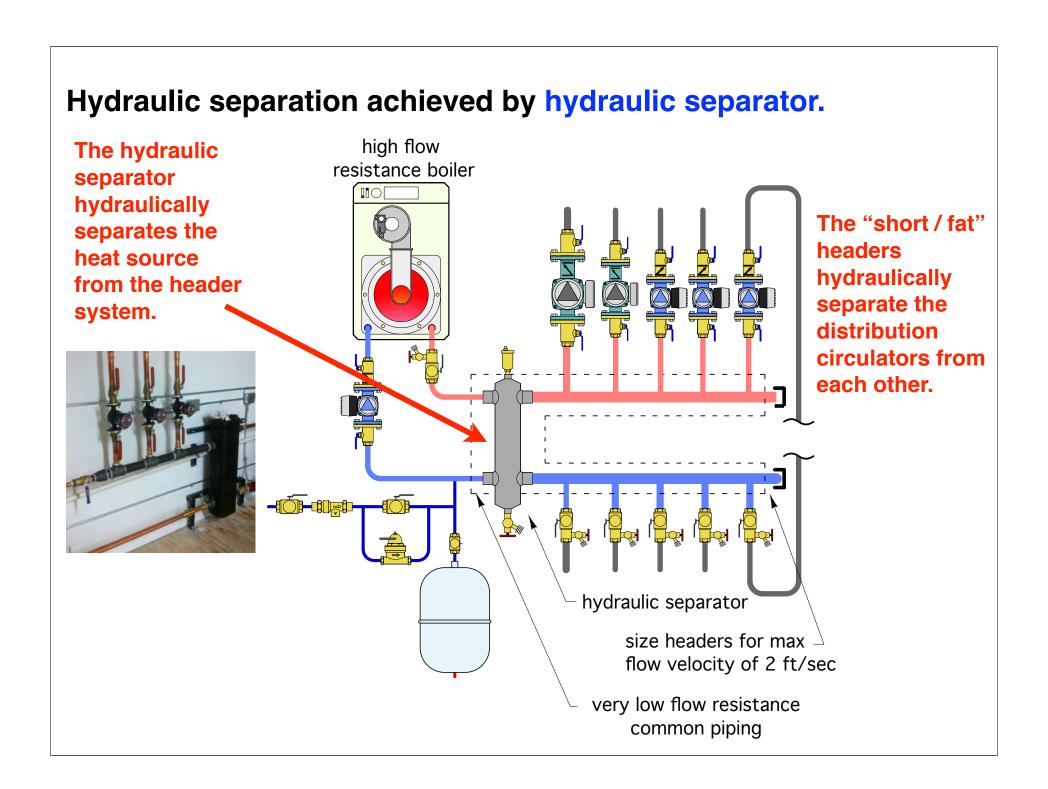
#### Hydraulic separation achieved by buffer tank (piped as shown) & "short / fat" headers. high flow The "short / fat" resistance headers boiler hydraulically separate the distribution circulators from boiler each other. circulator buffer tank size headers for The buffer tank max flow velocity of hydraulically 2 ft/sec separate the heat source from the header system. very low flow resistance common piping

# Hydraulic Separation in "Micro-load" systems:

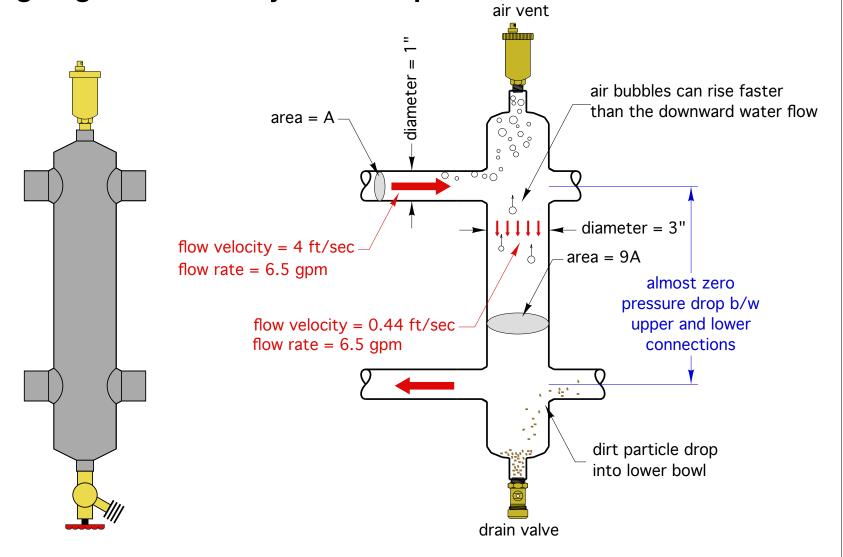
#### The small insulated tank provides:

- Thermal buffering
- Hydraulic separation
- Air separation and collection
- Sediment separation and collection



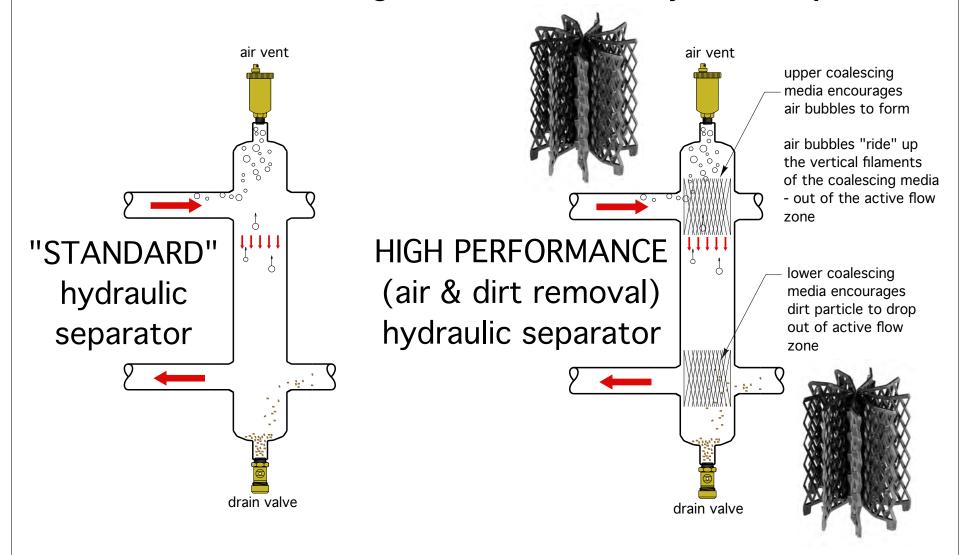


#### What's going on inside a hydraulic separator?



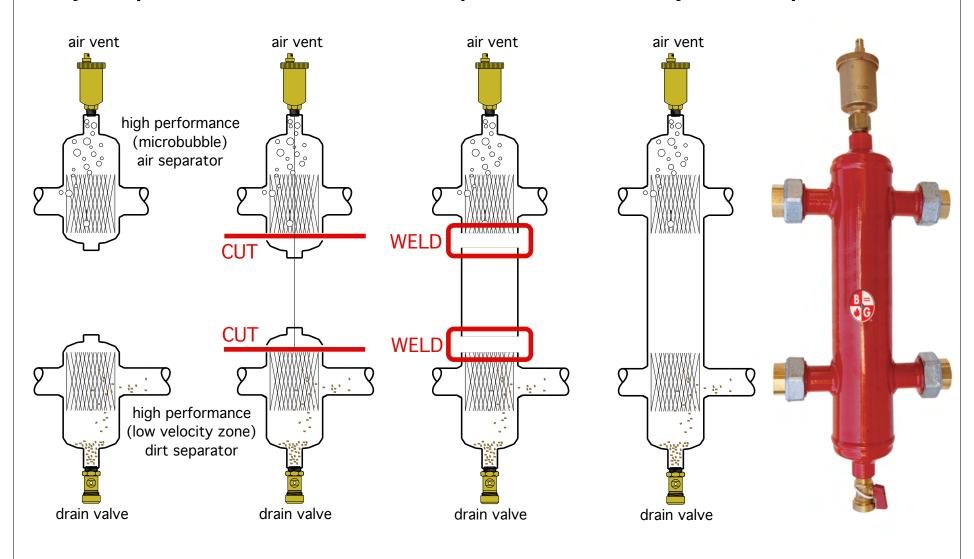
The low vertical velocity inside the separator produces minimal pressure drop top to bottom. Thus there is very little tendency to induce flow on the load side of the separator.

#### What does the "coalescing media" do inside a hydraulic separator?



The coalescing media creates tiny vortices that cause gas molecules (mostly oxygen and nitrogen) to form microbubbles. The media also helps microbubble merge together and rise upward out of the active flow zone.

#### Why companies that offer air and dirt separators also offer hydraulic separators...



## High performance hydraulic separators provide three functions: 1. hydraulic separation 2. air separation 3. dirt separation Hydraulic Separator distribution heating boiler circuit system load(s) air separator distribution system closely heating boiler circuit spaced load(s) tees sediment strainer

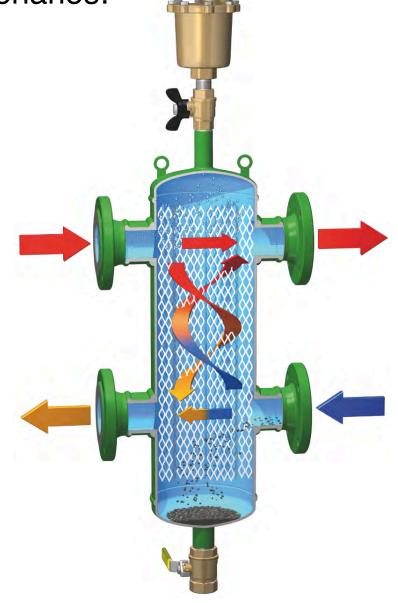
As the flow rates of the boiler circuit and distribution system change there are three possible scenarios:

1. Flow in the distribution system is equal to the flow in the boiler circuit.

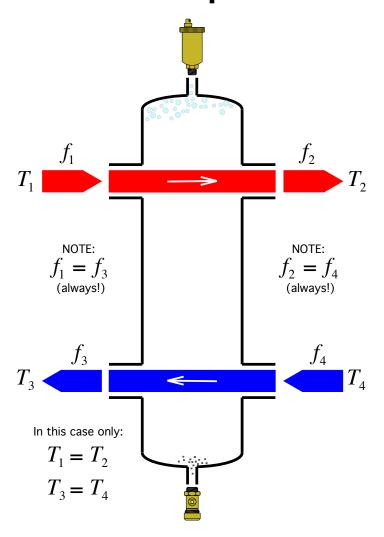
2. Flow in the distribution system is greater than flow in the boiler circuit.

3. Flow in the distribution system is less than flow in the boiler circuit.

Each case is governed by basic thermodynamic...

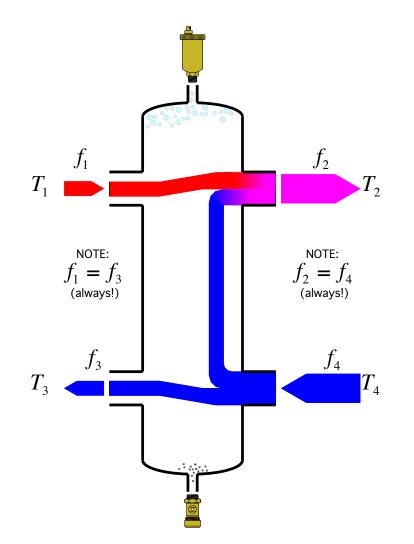


# **Case #1: Distribution flow equals boiler flow:**



Very little mixing occurs because the flows are balanced.

## Case #2: Distribution flow is greater than boiler flow:



The mixed temperature  $(T_2)$  supplied to the distribution system can be calculated with:

$$T_2 = \left(\frac{(f_4 - f_1)T_4 + (f_1)T_1}{f_4}\right)$$

Where:

f4 = flow rate returning from distribution system (gpm)

f1 = flow rate entering from boiler(s) (gpm)

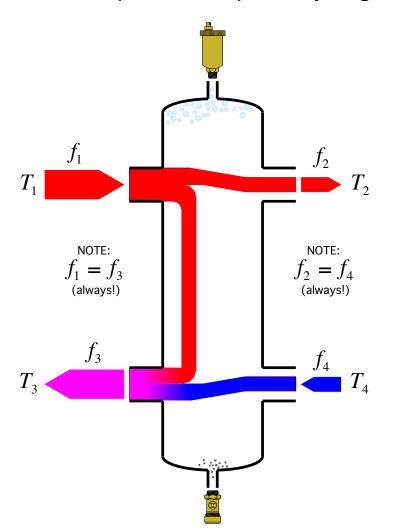
T4 = temperature of fluid returning from distribution system (°F)

T1 = temperature of fluid entering from boiler (°F)

Mixing occurs within the hydraulic separator.

#### Case #3: Distribution flow is less than boiler flow:

Heat output is *temporarily* higher than current system load.



Heat is being injected faster than the load is removing heat.

The temperature returning to the boiler  $(T_3)$  can be calculated with:

$$T_2 = \left(\frac{(f_4 - f_1)T_4 + (f_1)T_1}{f_4}\right)$$

Where:

T3 = temperature of fluid returned to boiler(s) (°F)

f1 = flow rate entering from boiler(s) (gpm)

f2, f4 = flow rate of distribution system (gpm)

T1 = temperature of fluid entering from boiler (°F)

T4 = temperature of fluid returning from distribution system (°F)

Mixing occurs within the hydraulic separator.

#### **Sizing of Hydraulic Separators:**

Hydraulic separators must be properly sized to provide proper hydraulic, air, and dirt separation. Excessively high flow rates will impede these functions.

The "size" of a hydraulic separator refers to the nominal piping size of the 4 side connections (not the diameter of the vertical barrel).

The piping connecting to the distribution side of the Hydro Separator should be sized for a flow of <u>4 feet per second</u> or less under maximum flow rate conditions.

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union connection				113				
				flange connections				
Pipe size of hydraulic separator	1"	1.25"	1.5"	2"	2.5"	3"	4"	6"
Max flow rate (GPM)	11	18	26	40	80	124	247	485

# Typical European concepts for multiple mod/con installation:





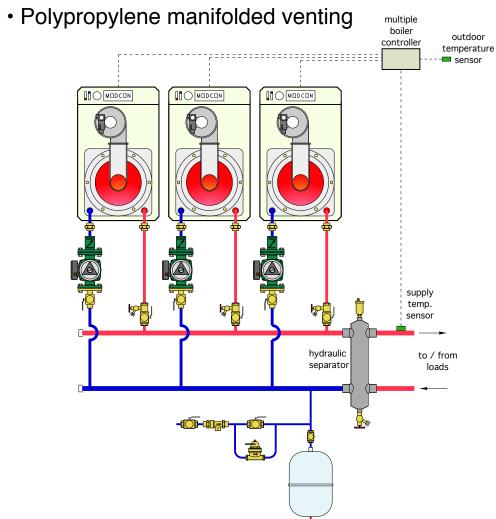
# Typical European concepts for multiple mod/con installation:



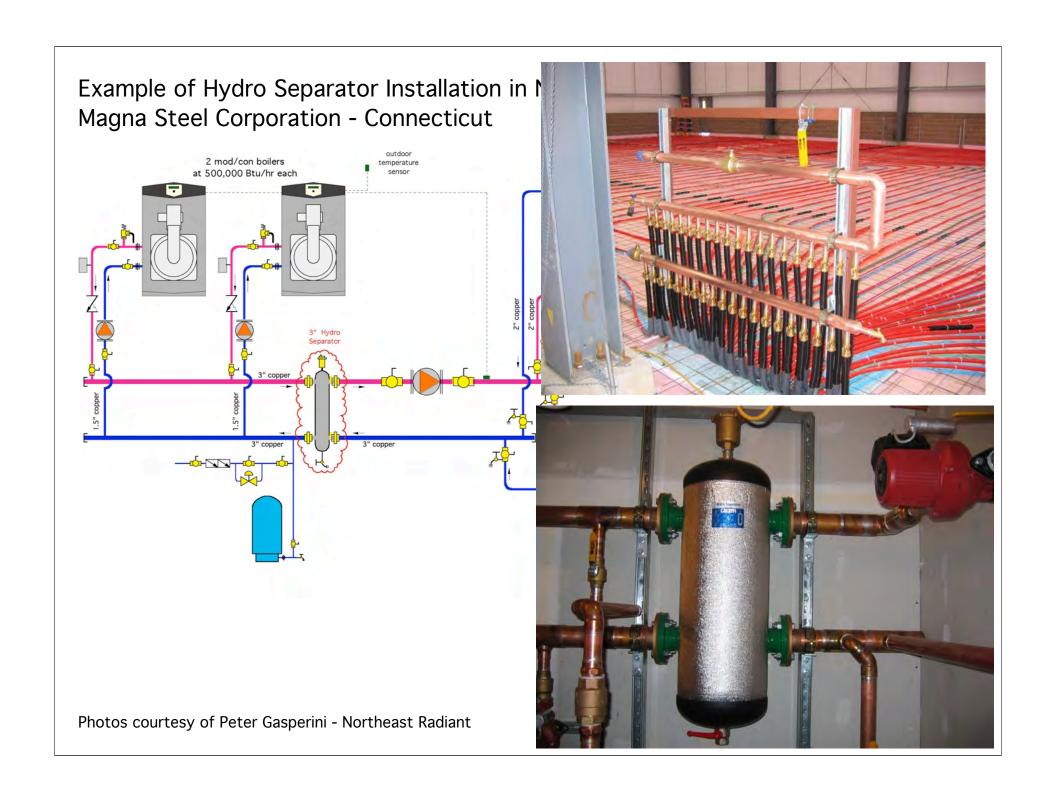


#### What did you notice in common on those last two photos?

- Modular manifold system could be expanded if necessary
- Hydraulic separator interface to system
- Pre-engineered racking systems
- individual circulators on each boiler







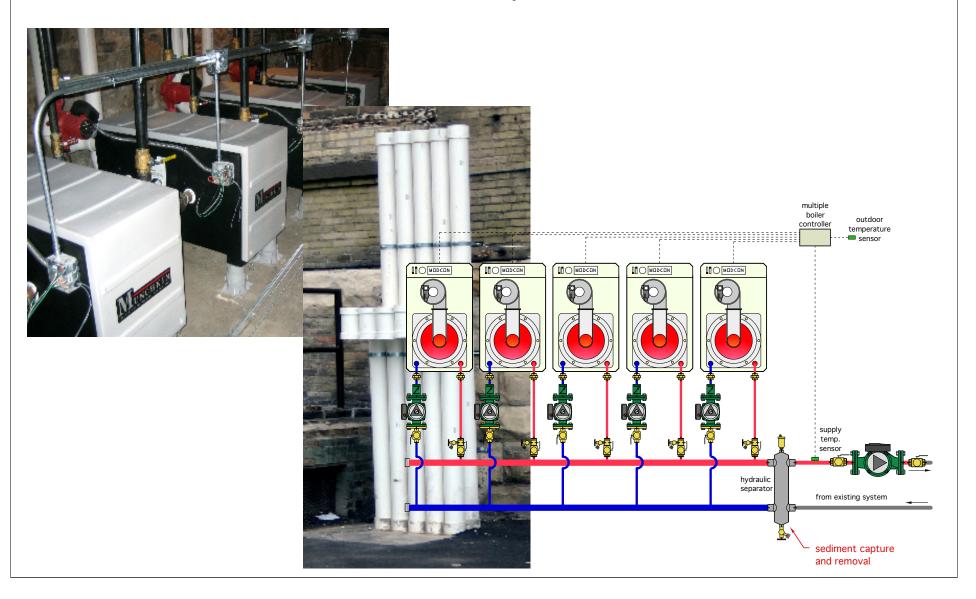
Example of Hydro Separator Installation in Old System:

Because hydraulic separators remove sediment from systems they're ideal for applications where new boilers are retrofit to old distribution systems.

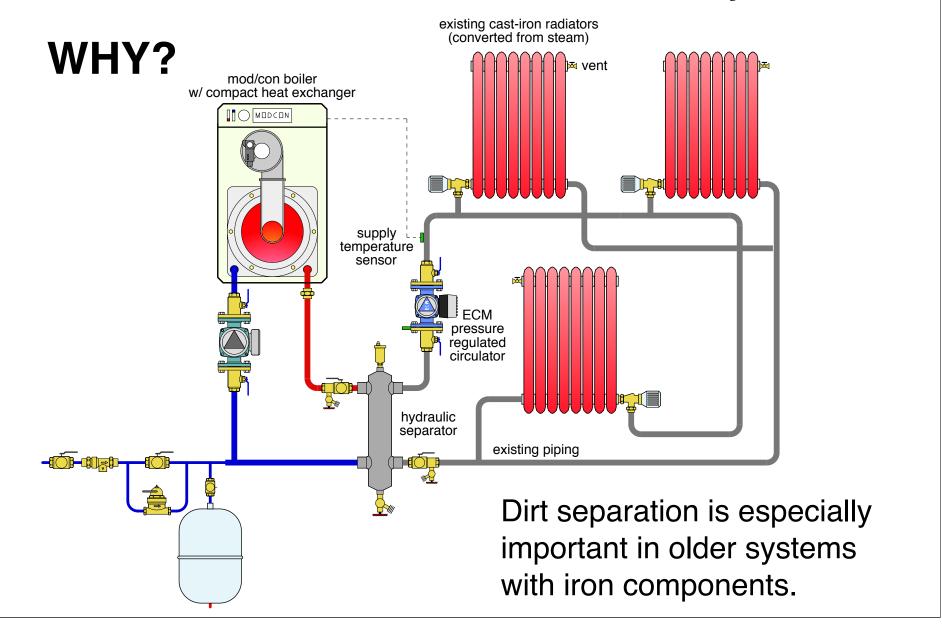


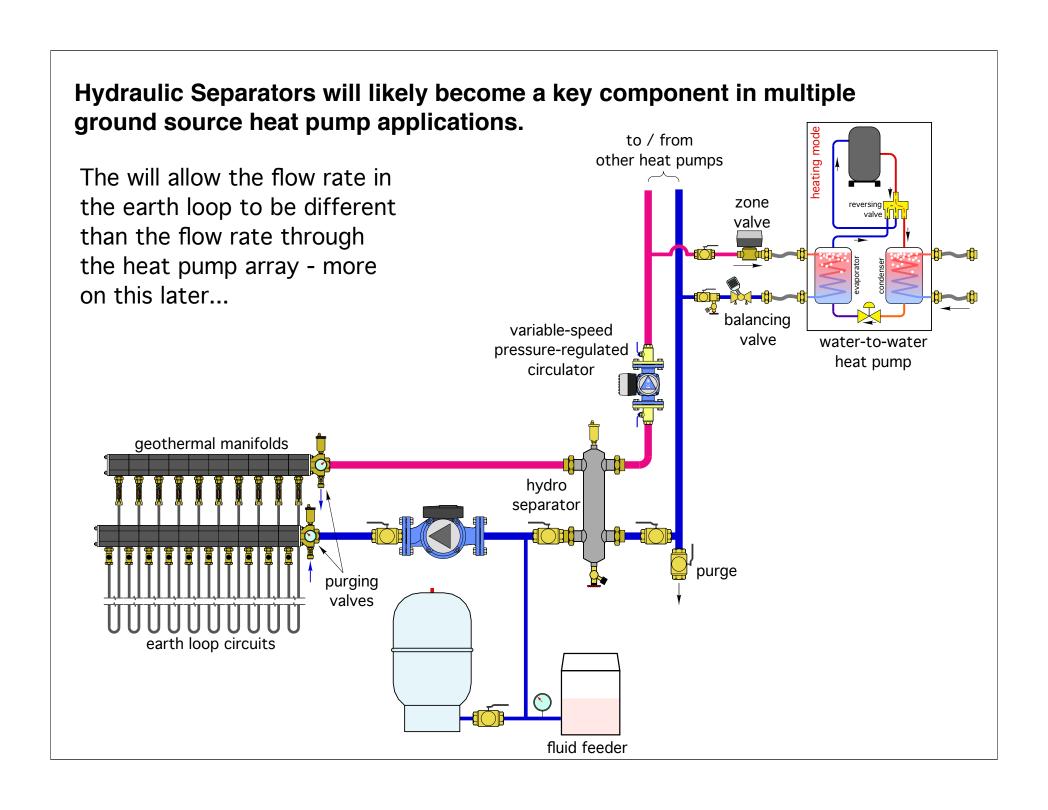
#### **Example of Hydro Separator Installation in Old System:**

Because hydraulic separators remove sediment from systems they're ideal for applications where new boilers are retrofit to old distribution systems.



A hydraulic separator is a great way to interface a new mod/con boiler to a older "steam conversion" system.





#### What's wrong with these installations?

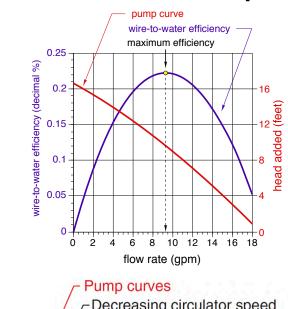


Answer: There is nothing to drive flow through the circuit on the left side of separator. The closely spaced tees are totally unnecessary.



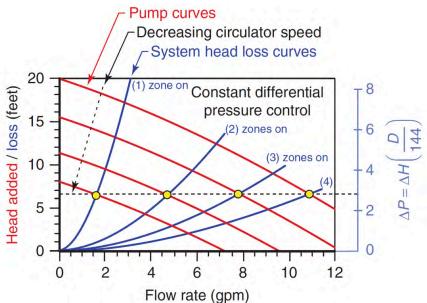
Answer: There is no way this can function as a hydraulic separator. There's a reason that hydraulic separators have 4 side ports, and it's not so that 2 of them can be plugged.

# **Distribution Efficiency**& Low Power Pumping...









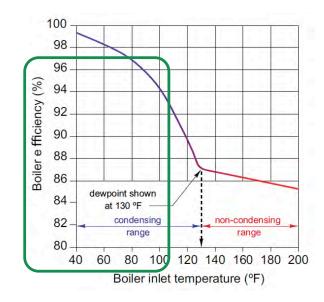


#### The North American Hydronics market has many "high efficiency" boilers

In the right applications these boilers have efficiencies in the 95+ range:

It may appear there isn't room for improving the efficiency of hydronic systems...

At least that's what people who focus *solely* on the boiler might conclude



For decades our industry has focused on *incremental improvements* in the thermal efficiency of heat sources.

At the same time we've <u>largely ignored the hydraulic</u> <u>efficiency of the distribution system.</u>

Those seeking high efficiency hydronic systems have to understand "Its not always about the boiler!"

## The present situation:

What draws your attention in the photo below?



If all these circulators operate simultaneously (at design load) the electrical demand will be in excess of 5000 watts.

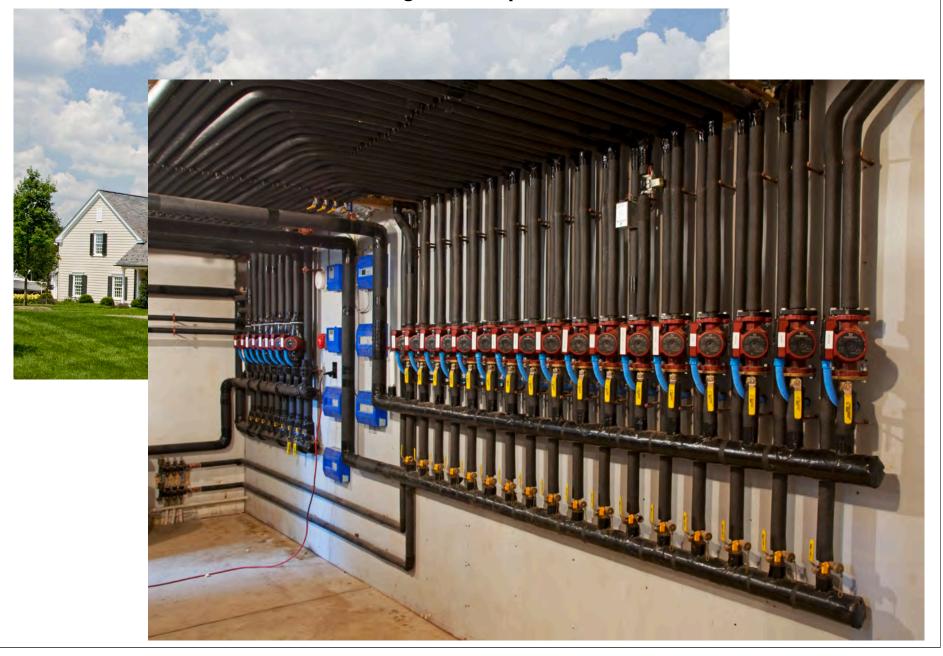
That's the heating equivalent of about 17,000 Btu/hr!

Here's another example...



Great "craftsmanship" - Wrong "concept"

# Here's another (award winning) example...

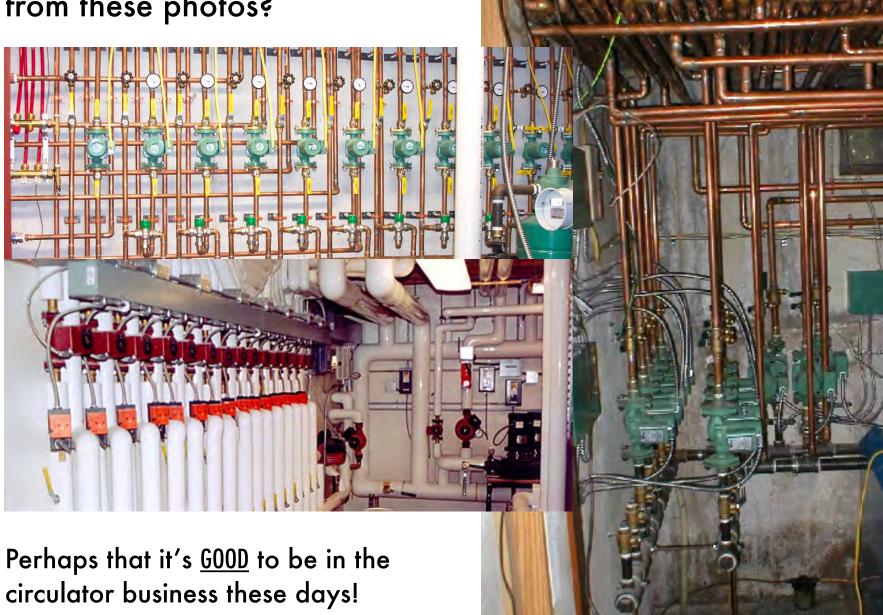


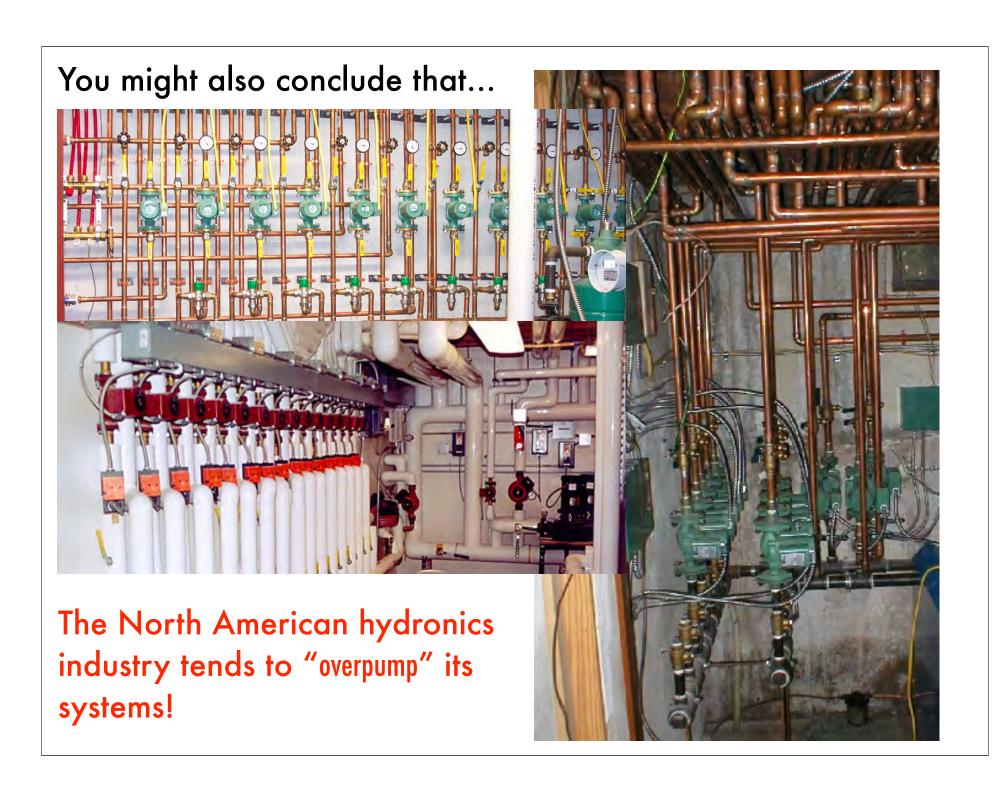
If you run out of wall space consider this installation technique...

Notice the installer left provisions for additional circulators.

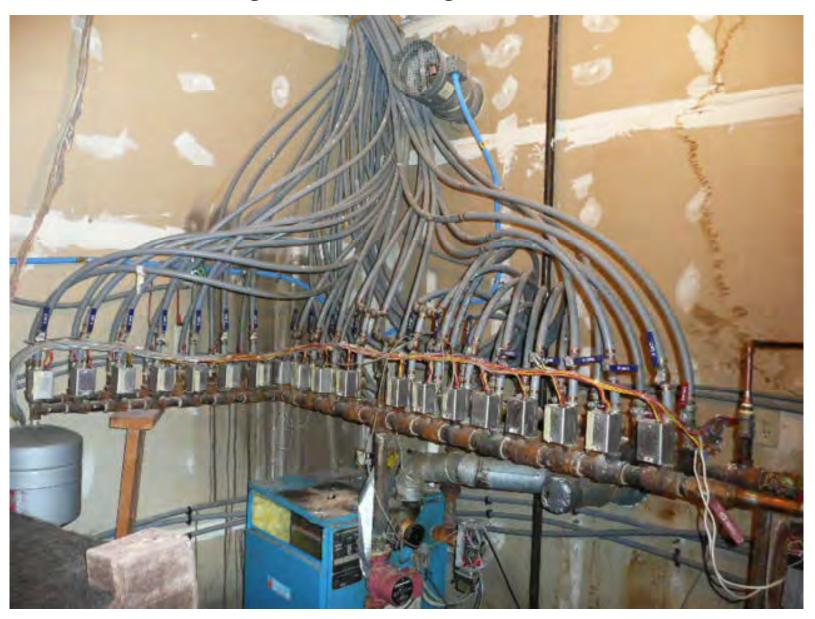


So what can you conclude from these photos?





Just to be fair to the pump guys – there is such a thing as overzoning with zone valves...



Although as an industry we pride ourselves on ultra high efficiency and "eco-friendly" heat sources, we...

Must look beyond the efficiency of only the heat source.

We need to look at the overall **SYSTEM efficiency**.

This includes the **thermal efficiency** of converting fuel in heated water AND the **distribution efficiency** of moving that water through the building.



This is important





So is this!

#### **Defining DISTRIBUTION EFFICIENCY**

$$Efficiency = \frac{desired OUTPUT quantity}{necessary INPUT quantity}$$

Distribution efficiency for a space heating system.

Consider a system that delivers 120,000 Btu/hr at design load conditions using four circulators operating at 85 watts each. The distribution efficiency of that system is:

distribution efficiency=
$$\frac{120,000 \text{ Btu/hr}}{340 \text{ watts}} = 353 \frac{\text{Btu/hr}}{\text{watt}}$$

So is a distribution efficiency of 353 Btu/hr/watt good or bad?

To answer this you need something to compare it to.

Suppose a furnace blower operates at 850 watts while delivering 80,000 Btu/hr through a duct system. It delivery efficiency would be:

distribution efficiency=
$$\frac{80,000 \text{ Btu/hr}}{850 \text{ watts}} = 94 \frac{\text{Btu/hr}}{\text{watt}}$$

The hydronic system in this comparison has a distribution efficiency almost four times higher than the forced air system.

Water is vastly superior to air as a conveyor belt for heat.

#### Room for Improvement...

A few years ago I inspected a malfunctioning hydronic heating system in a 10,000 square foot house that contained **40 circulators**.



Assume the average circulator wattage is 90 watts.

The design heating load is 400,000 Btu/hr

The distribution efficiency of this system at design load is:

distribution efficiency=
$$\frac{400,000 \text{ Btu/hr}}{40 \times (90 \text{ watts})} = 111 \frac{\text{Btu/hr}}{\text{watt}}$$

Not much better than the previous forced air system at 94 Btu/hr/watt

#### Water Watts...

It's hard to say if the wattage of past or current generation circulators is "where it needs to be" without knowing the mechanical power needed to move fluid through a specific circuit.

$$w_m = 0.4344 \times f \times \Delta P$$

Where:

W<sub>m</sub> = mechanical power required to maintain flow in circuit (watts)

f= flow rate in circuit (gpm)

 $\Delta P$  = pressure drop along circuit (psi)

0.4344 = units conversion factor

Example: How much mechanical power is necessary to sustain a flow of 180 °F water flows at 5 gpm through a circuit of 3/4" copper tubing having an equivalent length of 200 feet?

Solution: The pressure drop associated with this head loss is 3.83 psi.

Putting these numbers into the formula yields:

$$w_m = 0.4344 \times f \times \Delta P = 0.4344 \times 5 \times 3.83 = 8.3$$
 watts

That's quite a bit lower than the electrical wattage of even the smallest currently-available circulator. Why?

Because it's only the <u>mechanical wattage</u> required (power dissipation by the fluid) - <u>not the electrical input wattage</u> to the circulator's motor.

The ratio of the mechanical wattage the impeller imparts to the water divided by the electrical input wattage to operate the motor is called wire-to-water efficiency.

$$n_{w/w} = \frac{w_m}{w_e}$$

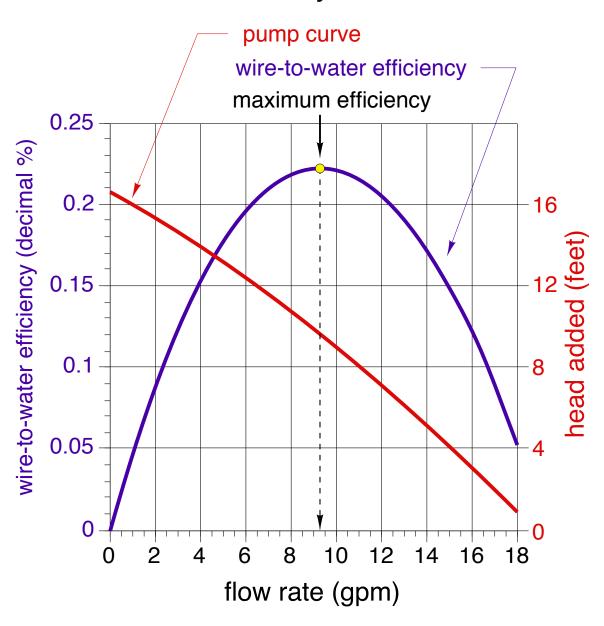
#### Where:

 $n_{w/w}$  = wire-to-water efficiency of the circulator (decimal %)

 $w_m$  = mechanical power transferred to water by impeller (watts)

w<sub>e</sub> = electrical power input to motor (watts)

If you take operating data for a typical 1/25 hp fixed-speed wet rotor circulator and plug it into this formula the efficiency curve looks as follows:



The electrical wattage needed by the circulator is:

$$w_e = \frac{0.4344 \times f \times \Delta P}{n_{w/w}}$$

A current-generation wet-rotor circulator has a maximum wire-to-water efficiency in the range of 25 percent. If we put the data from previous example into this formula we get the electrical wattage required to maintain flow in the circuit.

$$w_e = \frac{0.4344 \times f \times \Delta P}{n_{w/w}} = \frac{0.4344 \times 5 \times 3.83}{0.25} = 33.2 watts$$

Consider that a flow of 5 gpm in a circuit with a 20 °F temperature drop is moving about 50,000 Btu/hr, and the electrical power to "run the conveyor belt" according to the last calculation is 33.2 watts. The distribution efficiency of such a circuit is:

$$n_d = \frac{Q}{w_e} = \frac{50,000Btu/hr}{33.2watt} = 1506 \frac{Btu/hr}{watt}$$

Compare this to a 4-ton rated **geothermal water-to-air heat pump** delivering 48,000 Btu/hr using a blower operating on 1080 watts. The distribution efficiency of this delivery system is:

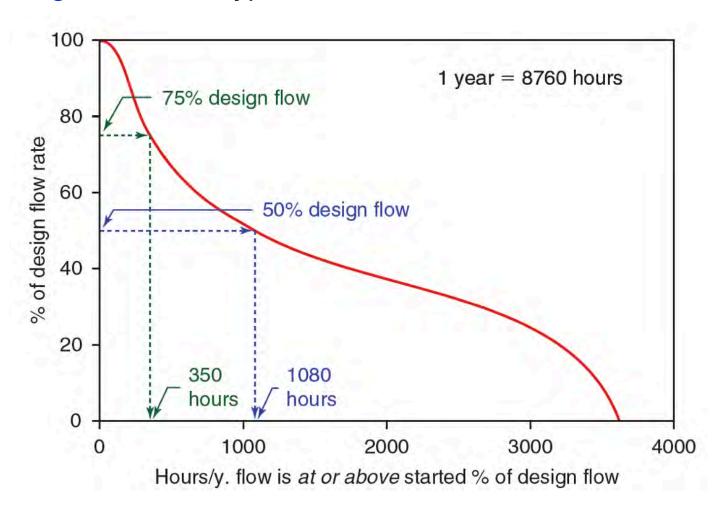
$$n_d = \frac{Q}{w_e} = \frac{48,000Btu/hr}{1080watt} = 44.4 \frac{Btu/hr}{watt}$$

These numbers mean that the hydronic system delivers heat to the building using only 2.9 percent (e.g. 44.4/1506) of the electrical power required by the forced air delivery system.

# With good design it's possible to achieve distribution efficiencies > 3000 Btu/hr/watt

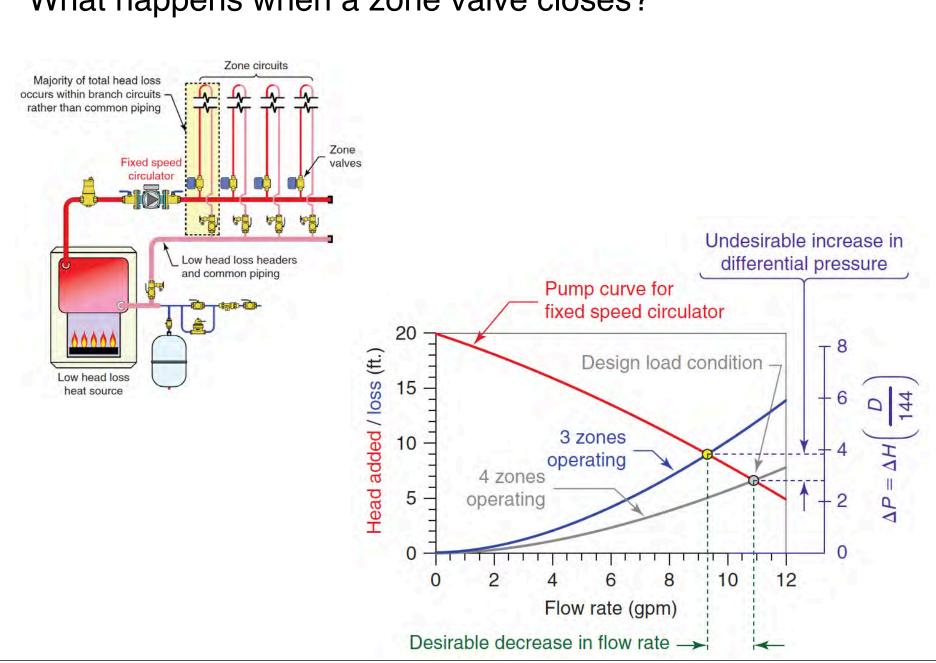
This will become increasingly important in low energy and net zero buildings...

This graph shows the relationship between system flow rate vs. operating hours for a typical Northern climate.



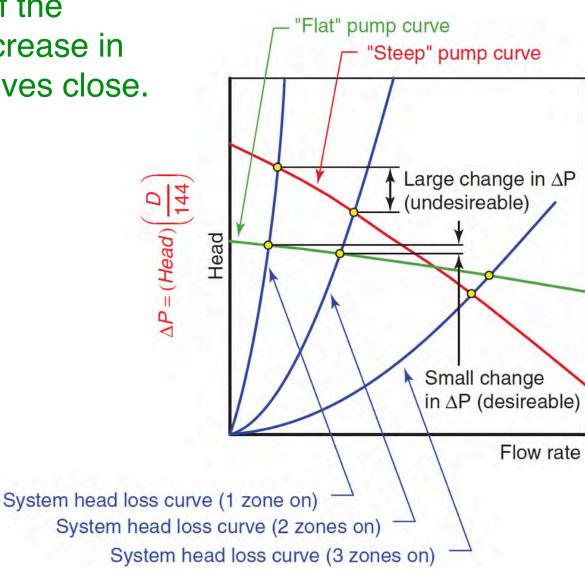
Recognizing that partial flow is common, circulator engineers have developed "intelligent" operating algorithms for variable speed circulators.

# What happens when a zone valve closes?



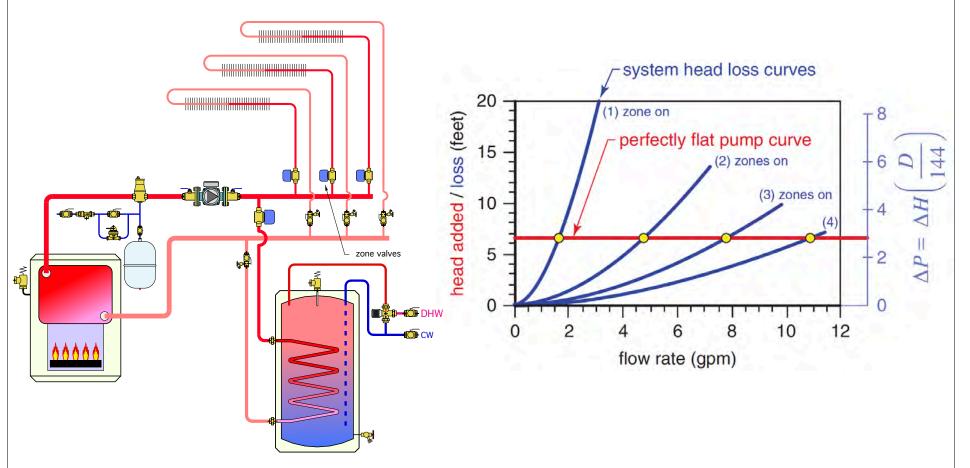
# Applying ΔP Circulators

Flat pump curves produce less of the undesirable increase in ΔP as zone valves close.



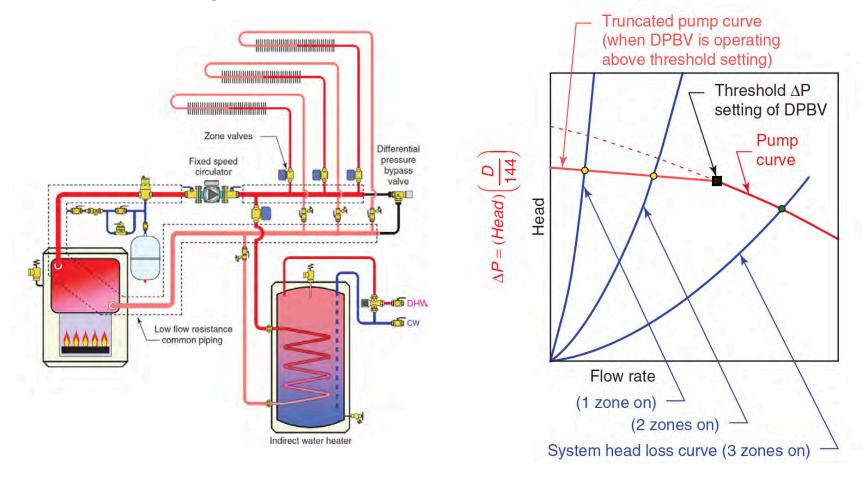
What would be the **ideal** pump curve for a hydronic system using valve based zoning?

Answer: a perfectly flat pump curve



A perfectly flat pump curve would all steady flow rate in every zone circuit, regardless of which other zones are on.

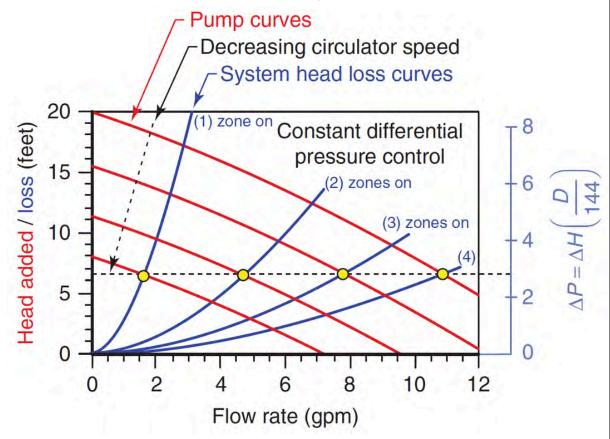
## Approximating a flat pump curve with ΔP bypass valve



A ΔP bypass valve helps limit changes in differential pressure, but does so "parasitically" by throttling away head energy

# Approximating a flat pump curve with ΔP bypass valve

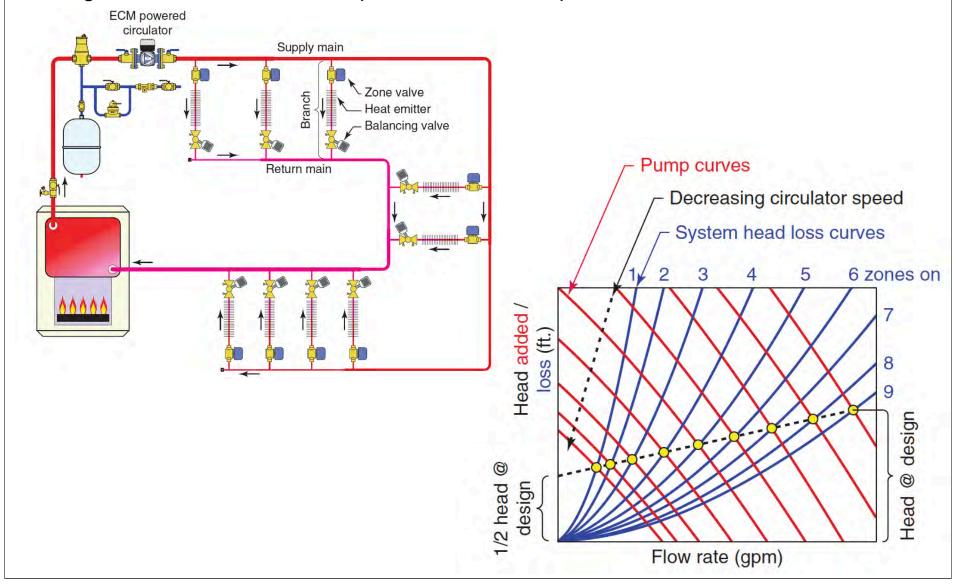
By varying the speed of the circulator it is possible to produce the same "net" effect as would be produced by a perfectly flat pump curve.



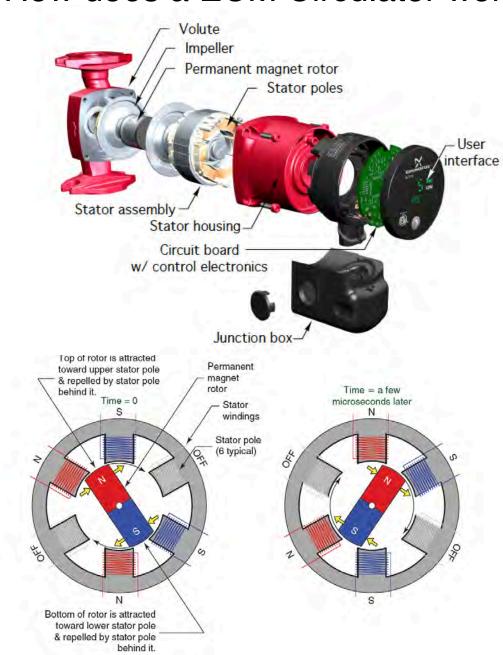
This is called CONSTANT DIFFERENTIAL PRESSURE CONTROL

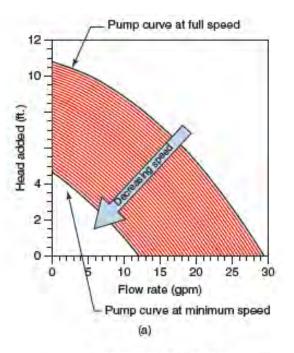
#### PROPORTIONAL DIFFERENTIAL PRESSURE CONTROL

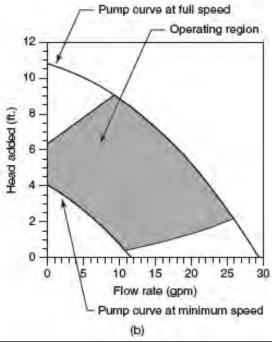
This method is best for systems where the heat source and/or "mains" piping leading to the load circuits dissipate a substantial portion of the circulator head.



### How does a ECM Circulator work?







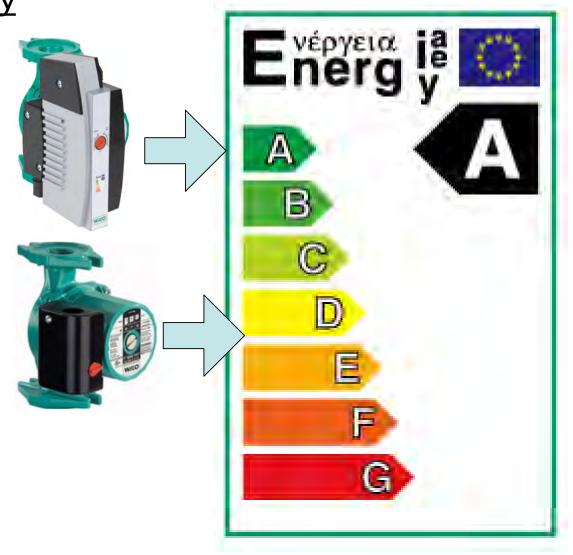
### **Current European circulator rating system**

All these circulators rated "A" on the energy labeling system from

Europump (European Association of Pump

Manufacturers).

Single or multi-speed wet-rotor circulators like those commonly used in North America would be rated "D" or "E" on this scale.



### Small ECM circulators now available in North America











#### **Grundfos Alpha:**

Provides
constant and
proportional
differential
pressure and
three fixed speed
settings. 6-50
watt electrical
input.

Wilo Stratos ECO 16F: Provide constant and proportional differential pressure. 5.8-59 watt electrical input. Bell & Gossett ECOCIRC, Provides manual adjustable speed setting (VARIO model), and proportional differential pressure (AUTO model). 5-60 watt electrical input. **Taco Bumblebee**Temperature based speed control. 9-42 watts electrical input

### **Armstrong COMPASS**

Provides constant and proportional differential pressure and three fixed speed settings. 3-45watt electrical input.

### **Circulators**

### high efficiency ECM Circulators

### Larger ECM circulators now available in US



**Grundfos MAGNA** 



**Taco Viridian** 

Heads to 45 feet, flows to 345 gpm power inputs to 1600 watts

#### **Wilo STRATOS circulators**

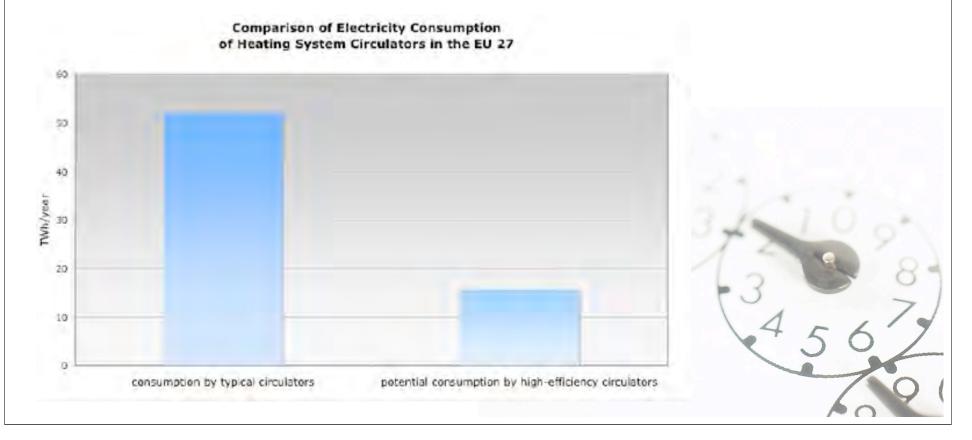




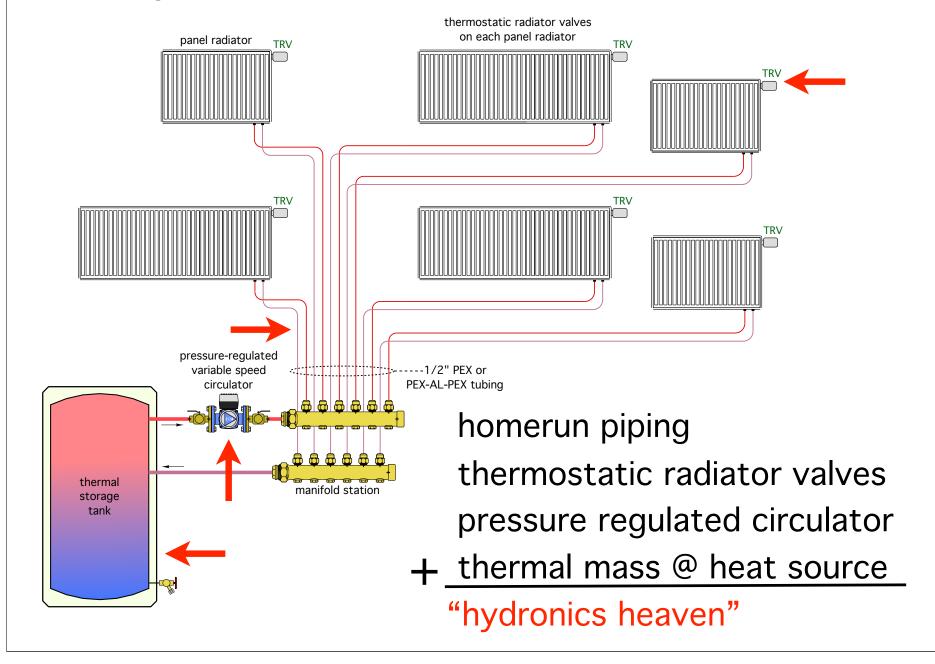
**B&G ECO XL** 

Computer modeling has been used to predict electrical energy savings for an <u>intelligently-controlled circulator with ECR motor operating in the proportional pressure mode.</u>

Savings in electrical energy are 60 to 80 percent relative to a fixed speed circulator of equal peak performance in the same application.



### Supplying a homerun distribution system...



Homerun systems allow several methods of zoning.

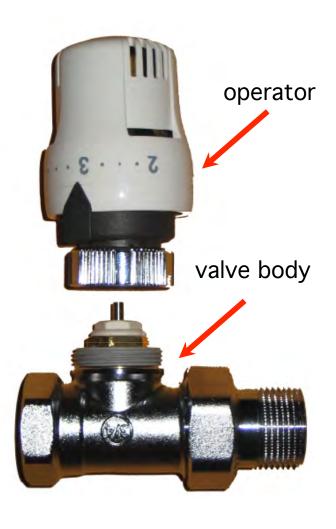
One approach is to install valved manifolds equipped with low voltage valve actuators on each circuit.

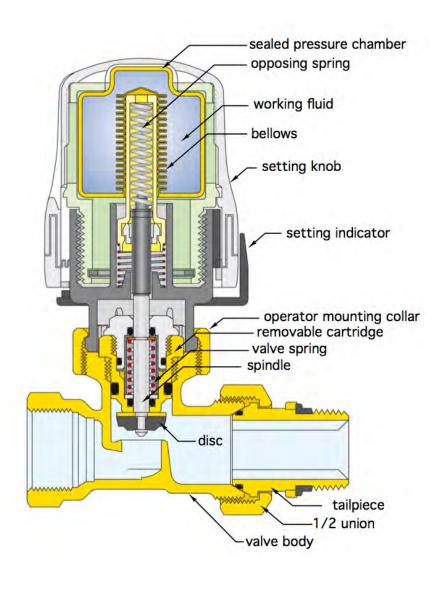
Another approach is to install a thermostatic radiator valve (TRV) on each heat emitter.





### NON-ELECTRIC THERMOSTATIC RADIATOR VALVE:





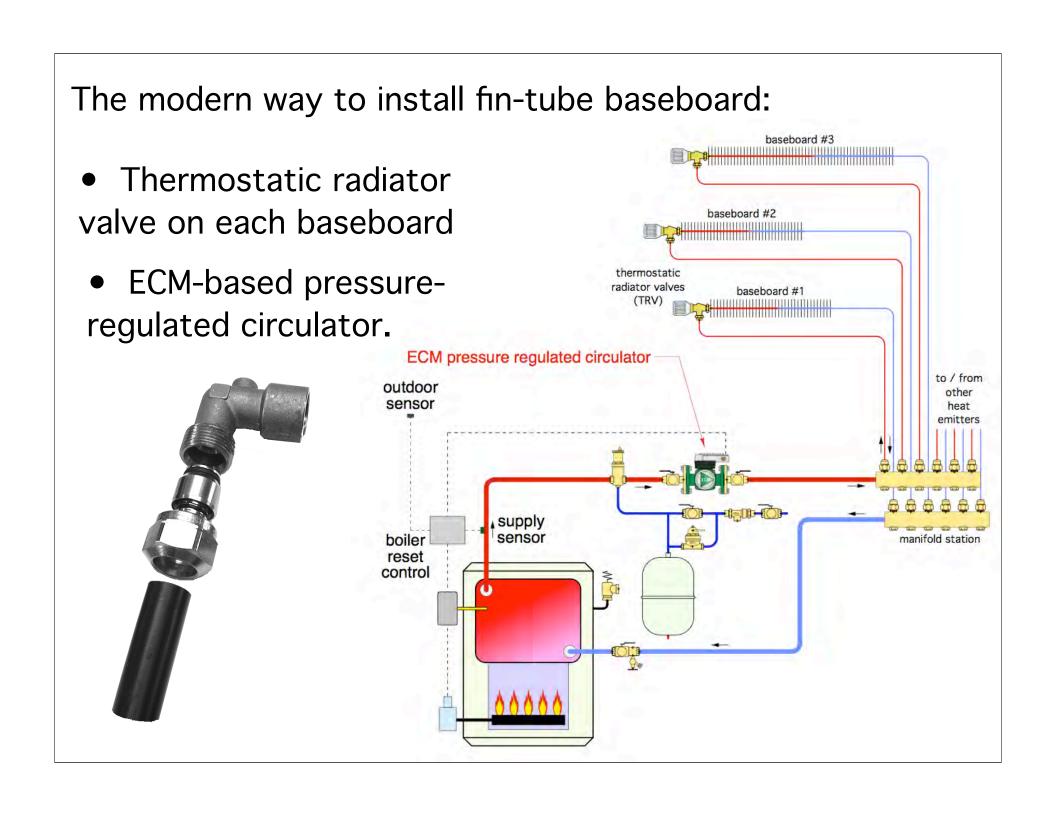
# thermostatic radiator valves are easy to use... manual setback dog reset control



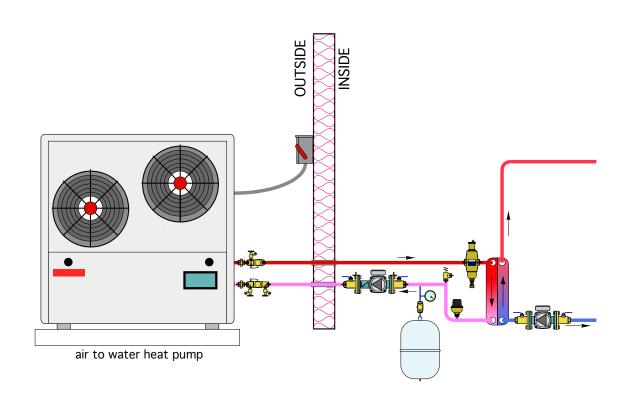




dogs are "thermally discriminating."



# **Air-to-Water Heat Pumps:**









# Why Water rather than air





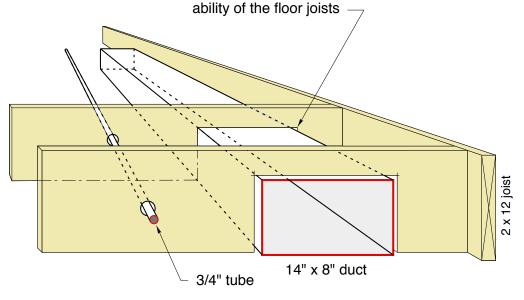




### Water is vastly superior to air for conveying heat

Material	Specific heat (Btu/lb/°F)	Density* (lb/ft³)	Heat capacity (Btu/ft <sup>3</sup> /°F)
Water	1.00	62.4	62.4
Concrete	0.21	140	29.4
Steel	0.12	489	58.7
Wood (fir)	0.65	27	17.6
Ice	0.49	57.5	28.2
Air	0.24	0.074	0.018
Gypsum	0.26	78	20.3
Sand	0.1	94.6	9.5
Alcohol	0.68	49.3	33.5

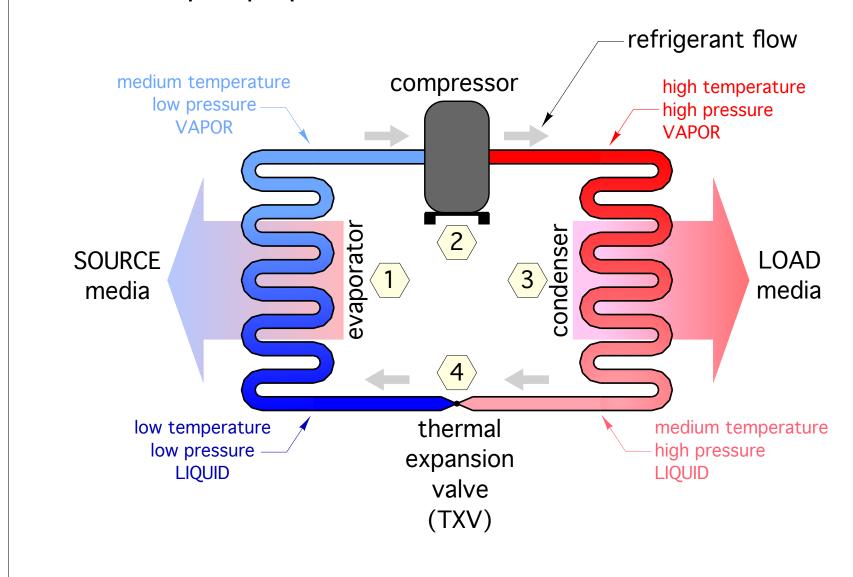
this cut would destroy the load-carrying



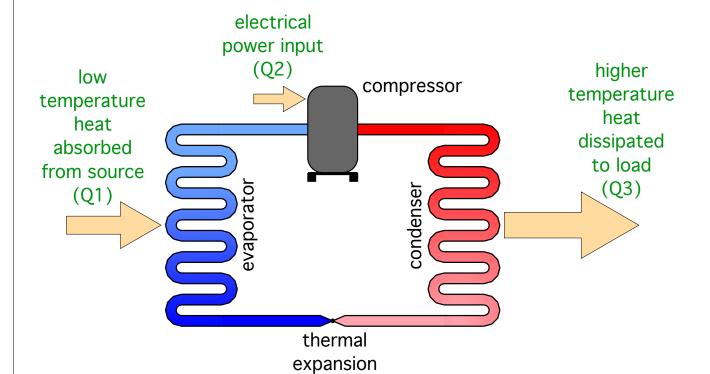
$$\frac{62.4}{0.018} = 3467 \approx 3500$$

A given volume of water can absorb almost 3500 times as much heat as the same volume of air, when both undergo the same temperature change

### Basic heat pump operation



### Basic heat pump operation



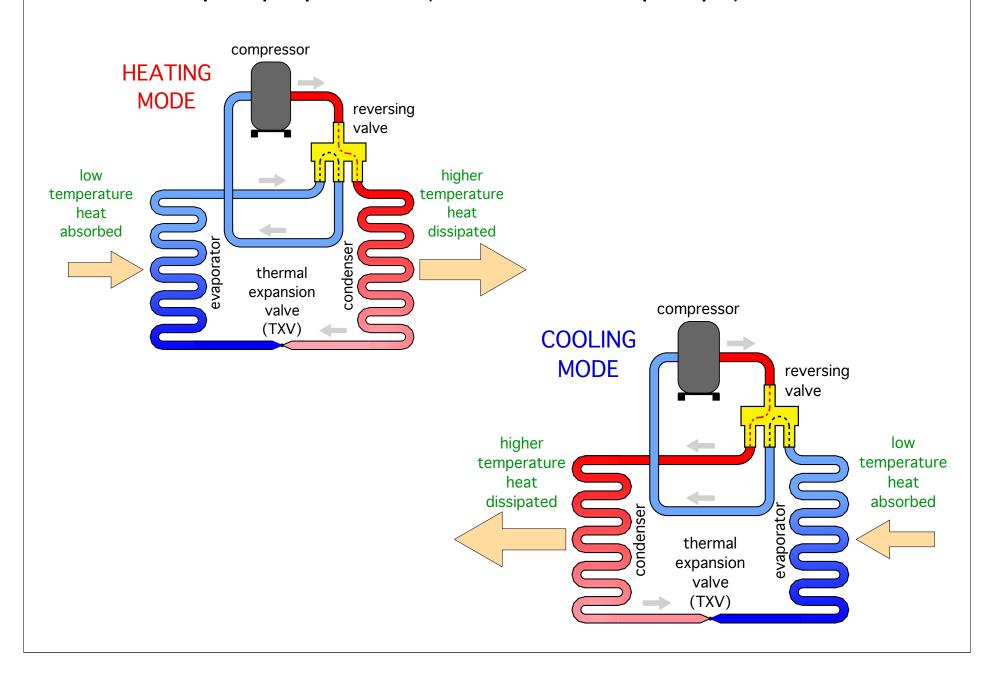
 $\begin{array}{c|c}
Q1 & Q2 & Q3 \\
\hline
\end{array}$ 

valve (TXV)

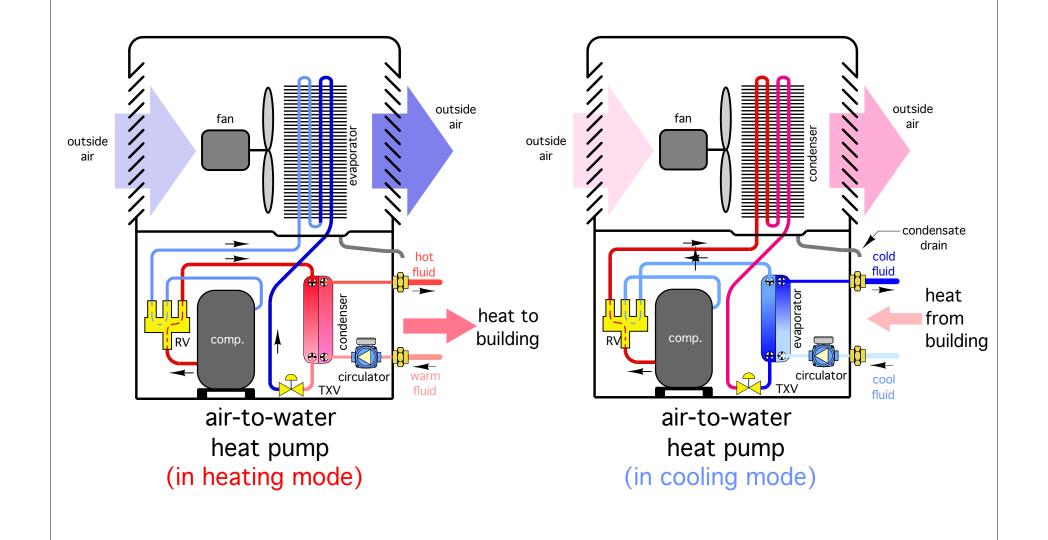
$$COP = \frac{Q3}{Q2}$$

 $COP = \frac{\text{heat output (Btu/hr)}}{\text{electrical input (watt)} \times 3.413}$ 

### Basic heat pump operation (reversible heat pumps)



# Refrigeration cycle in AWHP

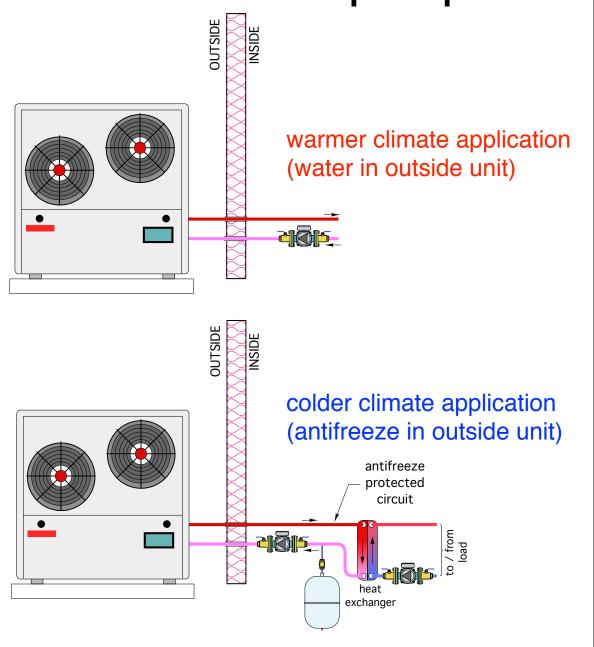


# Self-contained air-to-water heat pumps





- Heating + cooling + DHW
- Pre-charged refrigeration system
- 2-stage operation for better load matching
- No interior space required
- No interior noise



### One comparison with Geothermal w/w heat pump:

Example house: 36,000 BTU/hr design load at 70°F inside & 0 °F outside

Location: Syracuse, NY (6720 heating degree days)

Total estimated heating energy required: 49.7 MMBTU / season

Average cost of electricity: \$0.13/kwhr

Distribution system: radiant panels with design load supply temperature = 110°F

#### AIR-TO-WATER HEAT PUMP OPTION

Based on simulation software, a nominal 4.5 ton split system air-to-water heat pump supplying this load has a

seasonal COP = 2.8.

**Estimated installed cost = \$10,600 (not including distribution system)** 

#### GEOTHERMAL WATER-TO-WATER HEAT PUMP OPTION:

Based on simulation using simulation software, a nominal 3 ton water to water heat pump supplying this load from a vertical earth loop has a **seasonal COP = 3.28**.

Estimated installed cost = **\$11,800 (earth loop)** + \$8750 (balance of system) = \$20,550 (not including distribution system) Deduct for 30% federal tax credit: (\$ -6165)

Net installed cost: \$14,385 (not including distribution system)

Annual space heating cost:

AIR-TO-WATER HEAT PUMP ( $COP_{ave} = 2.8$ ) = \$676 / yr

GEOTHERMAL HEAT PUMP ( $COP_{ave} = 3.28$ ) = \$578 / yr

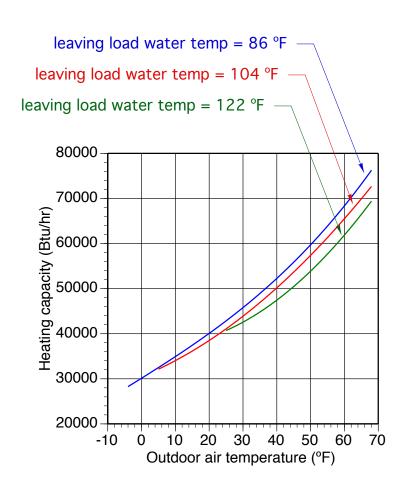
Difference in annual heating cost: \$98 / year

Difference in net installed cost: \$3,785

Simple payback on higher cost of geothermal HP: 3785 / 98 ≈ 38 years

# Heating performance:

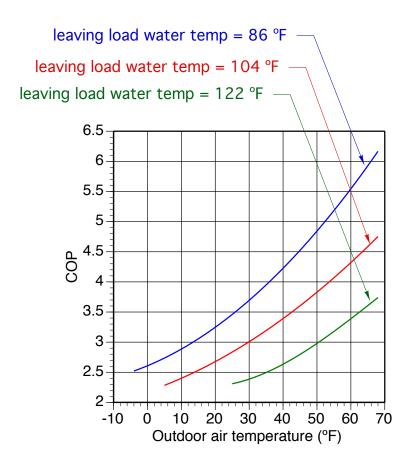
$$COP = \frac{\text{heat output (Btu/hr)}}{\text{electrical input (watt)} \times 3.413}$$



#### **Heating capacity**

Increases with:

- a. warmer outdoor temperature
- b. lower load water temperature

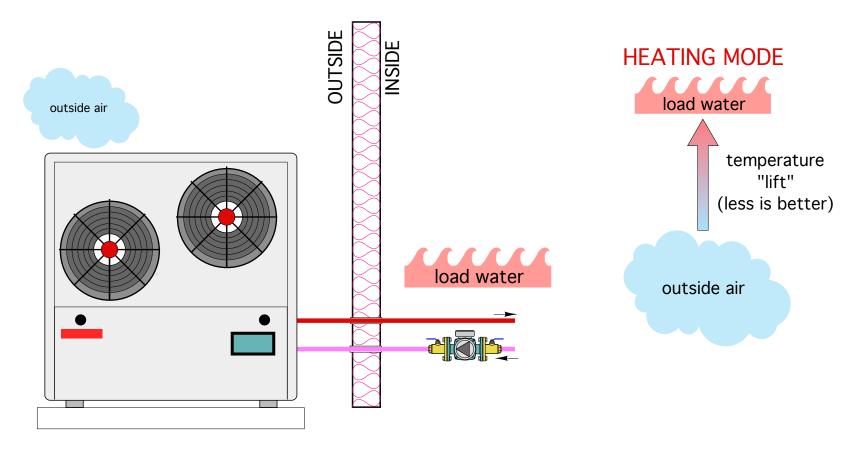


#### COP

Increases with:

- a. warmer outdoor temperature
- b. lower load water temperature

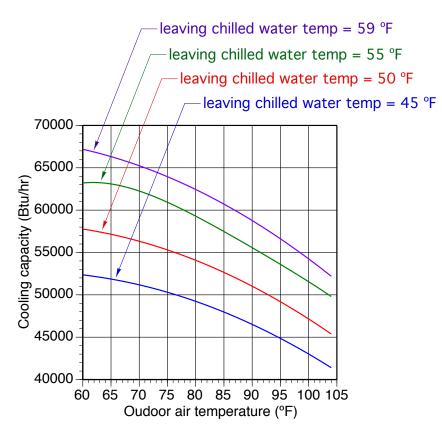
# Heating performance:



Anything that *reduces* the "temperature lift" *increases* both the heating capacity and COP of the heat pump.

Low temperature distribution systems are critical to good performance.

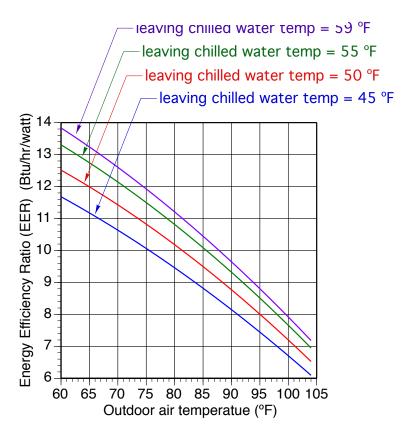
# Cooling performance:



#### **Cooling capacity**

Increases with:

- a. lower outdoor temperature
- b. Higher chilled water temperature

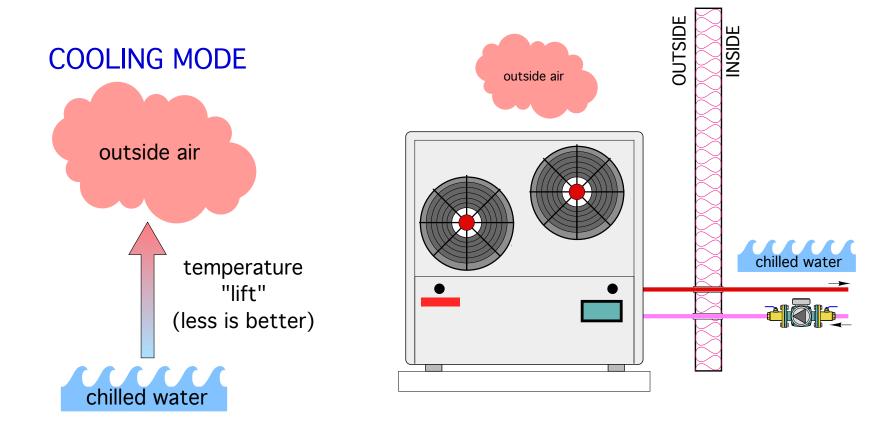


#### **EER**

Increases with:

- a. lower outdoor temperature
- b. higher chilled water temperature

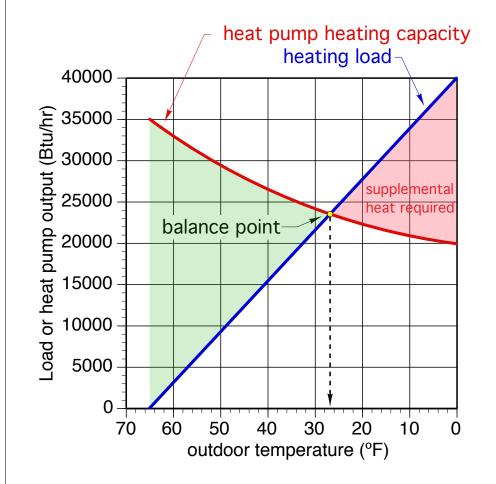
# Cooling performance:

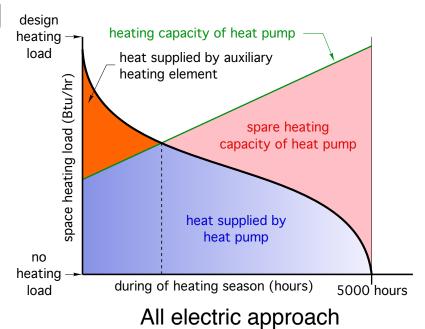


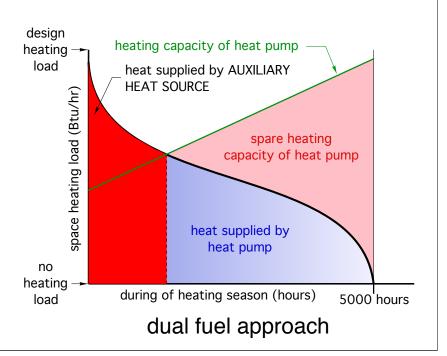
Anything that decreases the temperature lift' increases both the cooling capacity and EER of the heat pump.

Warmer chilled water temperatures improve performance.

## AWHP + auxiliary heating

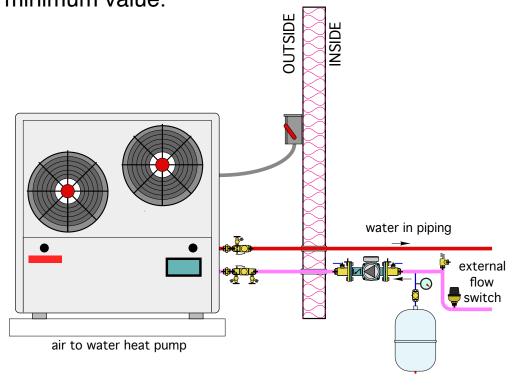






# Flow switches protect the heat pump

An internal or external flow switch turns off the refrigeration cycle if water flow through the heat pump stops, or falls below a minimum value.



In cooling mode this prevents possible freezing of a water-heated evaporator.

In heating mode this prevents excessive head pressure in compressor (because the heat pump is unable to dissipate the heat to the remainder of the system).

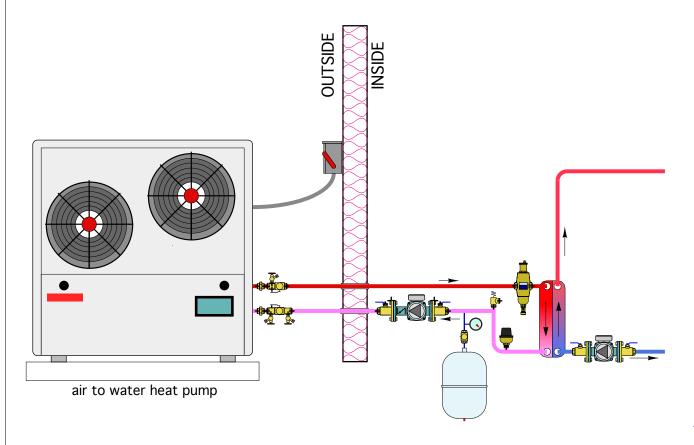


internal flow switch

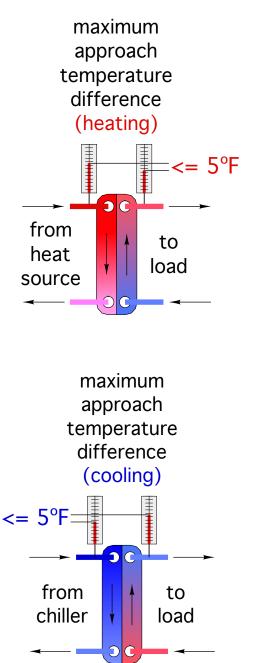


external flow switch

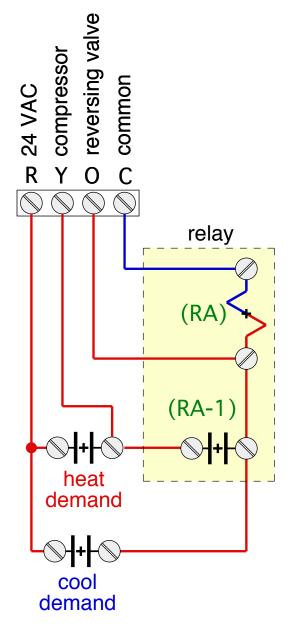
# Heat exchangers between heat pump and distribution system



IF a heat exchanger is required between heat pump and storage (due to requirement to keep heat pump part of a closed loop), that heat exchanger should be sized for a maximum approach temperature difference of 5 °F.



# Low voltage interfacing with AWHP



In heating mode: 24 VAC from R to Y turns on compressor (and internal circulator if present).

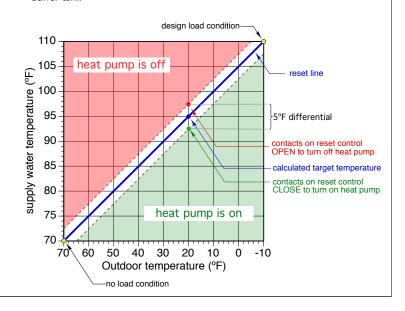
In cooling mode: Cooling demand contact closes to provide 24 VAC from R to relay coil, then to C, turns on relay (RA). Contact RA-1 closes to send 24 VAC to Y to turn on compressor (and internal circulator if present). 24 VAC is also passed to O to energize reversing valve (for cooling mode operation).

Some thermostats provide this logic without external relays.

### Using a buffer tank with AWHP outdoor temperature outdoor regulated controller variable thermostats circulator zoned radiant ceiling panels air to water heat pump flow switch buffer tank

Buffer tanks prevent the heat pump from short cycling when connected to a highly zoned distribution system.

In this system, the average temperature of the buffer tank is controlled by outdoor reset. This helps increases the COP of the the AWHP during partial load conditions.



# Using a buffer tank with AWHP

$$V_{btank} = \frac{t(Q_{HP} - Q_L)}{500(\Delta T)}$$

Where:

V<sub>btank</sub> = required volume of buffer tank (gallons)

t = desired on-time for heat source (minutes)

 $Q_{HP}$  = heating capacity of heat pump (Btu/hr)

 $Q_L$  = any heating load served by buffer tank while charging (Btu/hr)

 $\Delta T$  = allowed temperature rise of tank during heat pump on-time (°F)

Determine the size of a buffer tank that will absorb 48,000 Btu/hr from the heat pump while increasing i temperature from 90 °F to 110 °F, during a heat pump on-cycle of 10 minutes. There is no heating load on the tank during this charging.

$$V_{btank} = \frac{t(Q_{HP} - Q_L)}{500(\Delta T)} = \frac{10(48000 - 0)}{500(20)} = 48 \, gallons$$

If the allowed temperature rise was 10 °F, rather than 20°F, the required tank volume would double to 96 gallons. If the desired on-time was only 5 minutes rather than 10 minutes, the volume would be cut in half. Anything that increases the desired on-time, or decreases the allow temperature rise during this on-time, will increase the required tank volume, and vice versa.

# Multiple (staged) AWHP



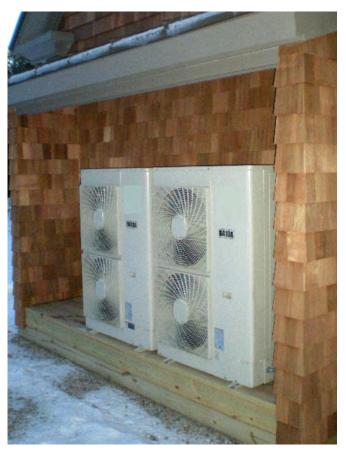


image courtesy of Mestek

image courtesy of ReVision Energy

- Provide adequate space for air flow
- Respect prevailing winds
- In snowy climates, elevated above snow line

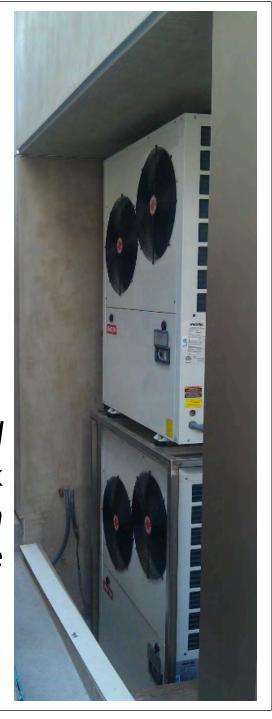
# Multiple (staged) AWHP





vertical rack mounting in alcove

- Provide adequate space for air flow
- Minimize air flow interaction b/w adjacent HPs



# Multiple (staged) AWHP

Staged AWHP heat pumps for 20,000 square foot house.



## **Heat emitters for AWHP systems**

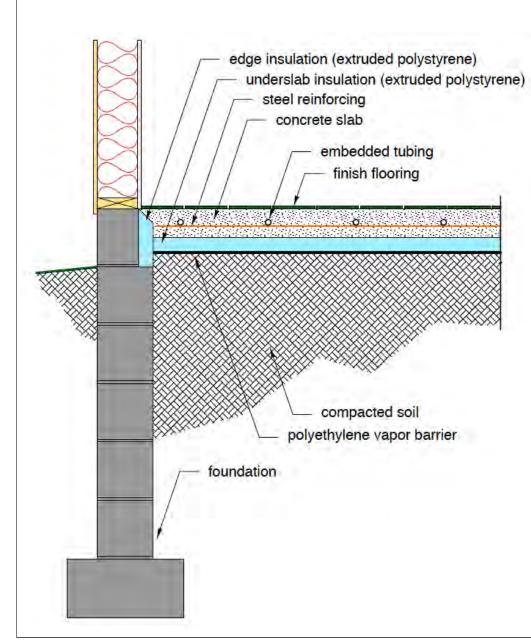
• They should operate at **low supply water temperatures** to enhance the thermal efficiency of the heat pump.

#### Max suggested supply water temperature @ design load = 120 °F

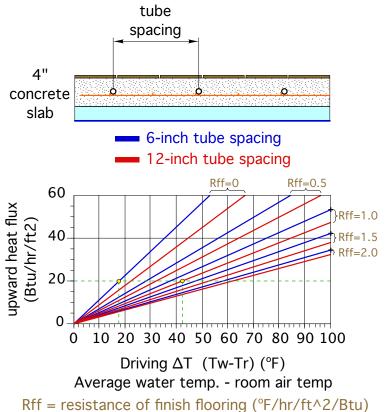
- They should permit simple <u>room-by-room zone control</u>
- They should not be subject to future changes that could reduce performance (no carpet / rugs added over heated floors)
- They should not create noticeable drafts or other discomfort (avoid operating conventional fan coils or air handlers at supply air temperatures lower than 100 °F)

What's one type of hydronic heat emitter that works well at low water temperatures?

# Slab-on-grade floor heating







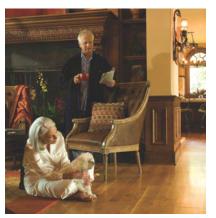
### Is radiant floor heating always the answer?













"Barefoot friendly" floors...

### Is radiant floor heating always the answer?

Consider a 2,000 square foot well insulated home with a design heat loss of 18,000 Btu/hr. Assume that 90 percent of the floor area in this house is heated (1800 square feet). The required upward heat flux from the floor at <u>design load conditions</u> is:

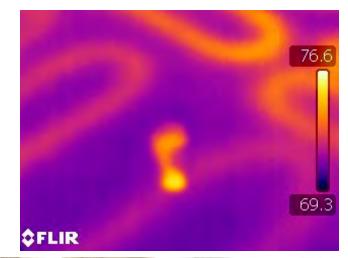
heat flux=
$$\frac{\text{design load}}{\text{floor area}} = \frac{18,000 \text{ Btu/hr}}{1,800 \text{ square feet}} = 10 \frac{\text{Btu}}{\text{hr} \cdot \text{ft}^2}$$

$$T_f = \frac{q}{2} + T_r \qquad \begin{array}{l} \text{Tf = average floor surface temperature (°F)} \\ \text{Tr= room air temperature (°F)} \\ \text{q=heat flux (Btu/hr/ft²)} \end{array}$$

$$T_f = \frac{10}{2} + 68 = 73$$

To deliver 10 Btu/hr/ft² the floor only has to exceed the room temperature by 5 °F. Thus, for a room at 68 °F the average floor surface temperature is only about 73 °F.

This is not going to deliver "barefoot friendly floors" - as so many ads for floor heating promote.





#### A comparison of THERMAL MASS for several heat emitters:

All heat emitters sized to provide 1000 Btu/hr at 110 °F average water temperature, and 70 °F room temperature:



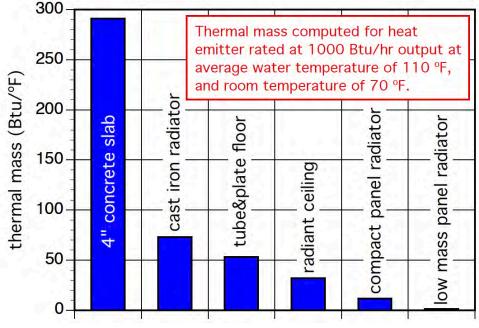
low mass heat emitters will be increasingly important in low energy buildings especially those with significant solar heat gain.





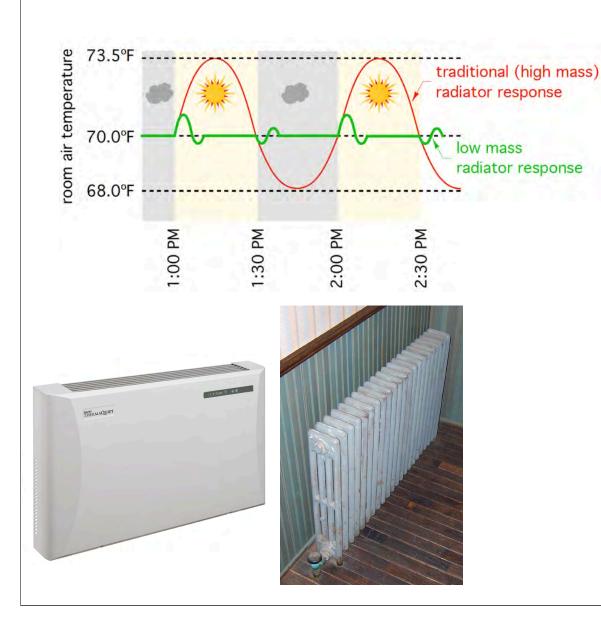


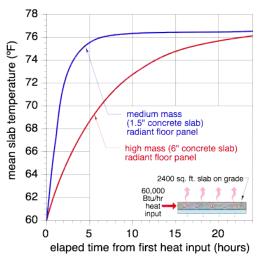






### Low thermal mass allows the heat emitters to quickly respond to changing internal loads







Notice where the tubing is in this 6" heated concrete slab

# Low temperature hydronic heat emitter options

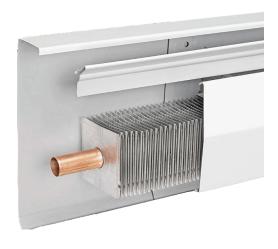




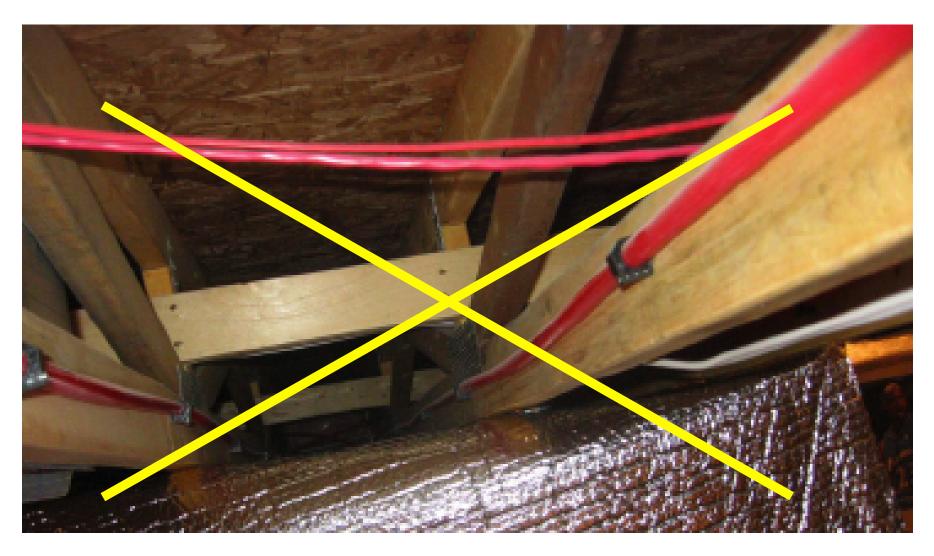






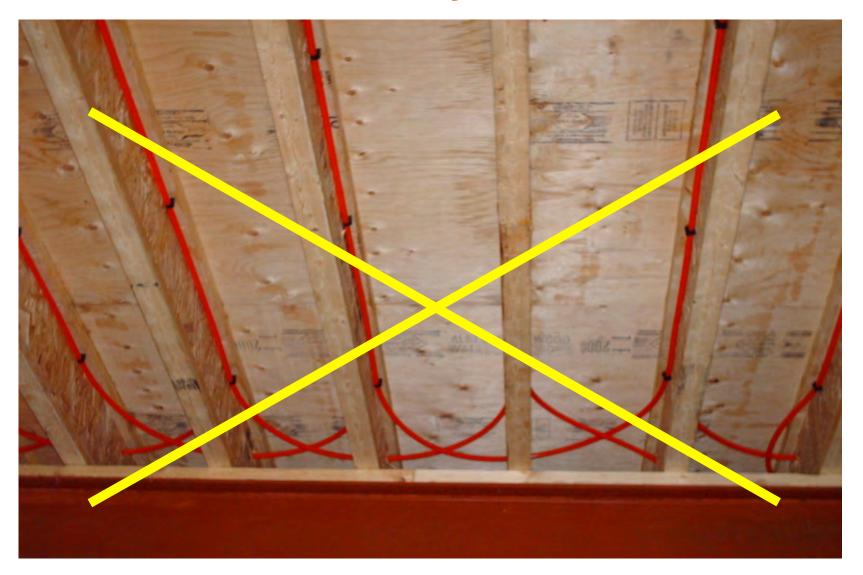


# Don't do this with ANY hydronic heat source!



Heat transfer between the water and the upper floor surface is severely restricted!

# Don't do this with ANY hydronic heat source!



Heat transfer between the water and the upper floor surface is severely restricted!

#### What about standard fin-tube baseboard?

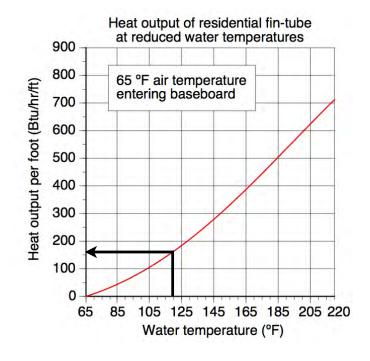
Most fin-tube baseboard has been sized around boiler temperatures of 160 to 200 °F. Much too high for good thermal performance of low

temperature hydronic heat sources.



Could add fin-tube length based on lower water temperatures. BUT...

Fin-tube output at 120 °F is only about 30% of its output at 200°F (160 Btu/hr/ft @ 120 °F)

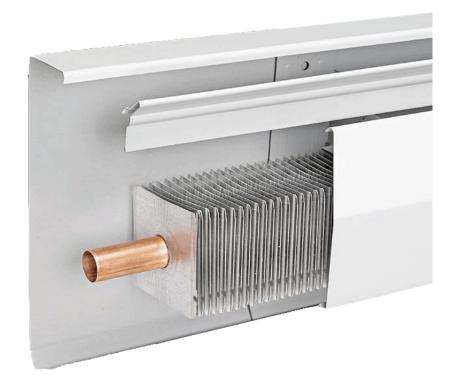


## Hydronic heat emitters options for low energy use houses

Some low- temperature baseboard is now available



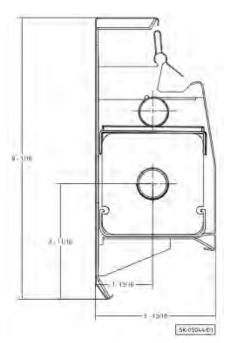
Standard residential fin-tube baseboard



Btu/hr/ft	100 °F	110 °F	120 °F	130 °F	140 °F
1 GPM	159	232	312	390	477
4 GPM	167	245	328	411	502

These ratings include 15% heating effect factor

# Mestek Synergy baseboard



#### **RECOMMENDATION:**

Design hydronic distribution system for a supply water temperature no higher than 120 °F @ design load conditions.

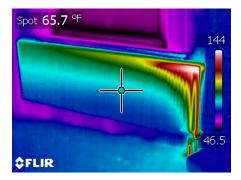
# Hydronic heat emitters options

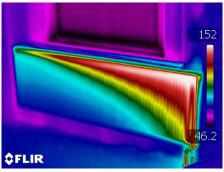
#### **Panel Radiators**

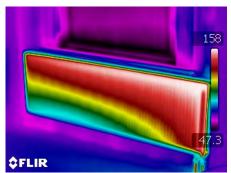


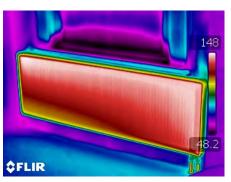


One of the fastest responding hydronic heat emitters









From setback to almost steady state in 4 minutes...

## Hydronic heat emitters options for low energy use houses

#### **Panel Radiators**

 Adjust heat output for operation at lower water temperatures.

 $CF = 0.001882 \left(\Delta T\right)^{1.33}$ 

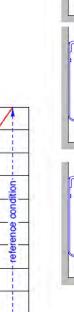
0.9

0.7 0.6 0.5

0.2

0.1

Correction factor (CF)



ΔT=112 °F

100

80

60

ΔT (ave water temp - room air temp) (°F)

Reference condition: Ave water temp. in panel = 180°F Room air temperature = 68°F Heat output ratings (Btu/hr)
at reference conditions:
Average water temperature in panel = 180°F
Room temperature = 68°F
temperature drop across panel = 20°F

	16" long	24" long	36" long	48" long	64" long	72" long
24" high	1870	2817	4222	5630	7509	8447
20" high	1607	2421	3632	4842	6455	7260
16" high	1352	2032	3046	4060	5415	6091

1 water plate panel thickness

	2 water plate panel thickness					
	16" long	24" long	36" long	48" long	64" long	72" long
24" high	3153	4750	7127	9500	12668	14254
20" high	2733	4123	6186	8245	10994	12368
16" high	2301	3455	5180	6907	9212	10363
10" high	1491	2247	3373	4498	5995	6745

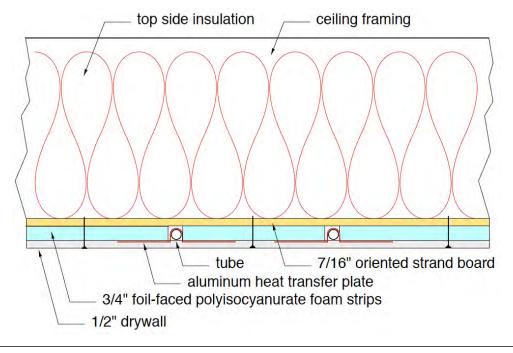
	3 water plate panel thickness					
	16" long	24" long	36" long	48" long	64" long	72" long
24" high	4531	6830	10247	13664	18216	20494
20" high	3934	5937	9586	11870	15829	17807
16" high	3320	4978	7469	9957	13277	14938
10" high	2191	3304	4958	6609	8811	9913

#### **RECOMMENDATION:**

Design hydronic distribution system for a supply water temperature no higher than 120 °F @ design load conditions.

## Site built radiant CEILINGS...









Thermal image of radiant ceiling in operation

#### Heat output formula:

$$q = 0.71 \times (T_{water} - T_{room})$$

Where:

Q = heat output of ceiling (Btu/hr/ft²)

T<sub>water</sub> = average water temperature in panel (°F)

T<sub>room</sub> = room air temperature (°F)

# Site built radiant CEILINGS...



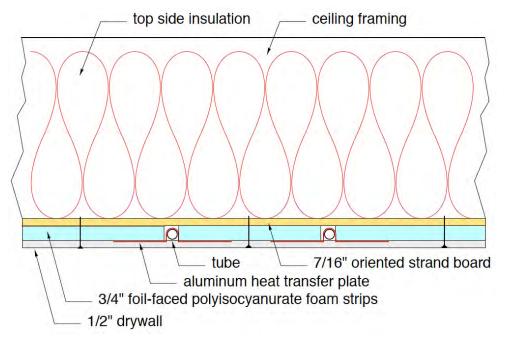


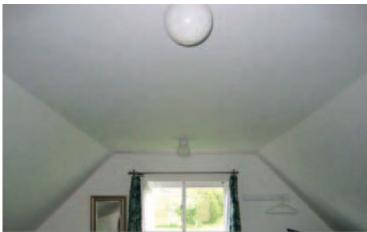




## Site built radiant CEILINGS...





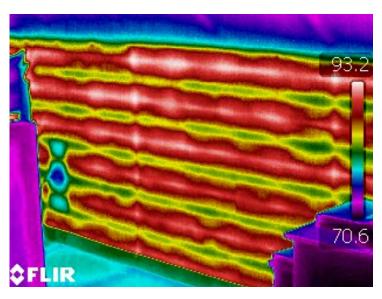




Thermal image of radiant ceiling in operation

# Site built radiant WALLS...

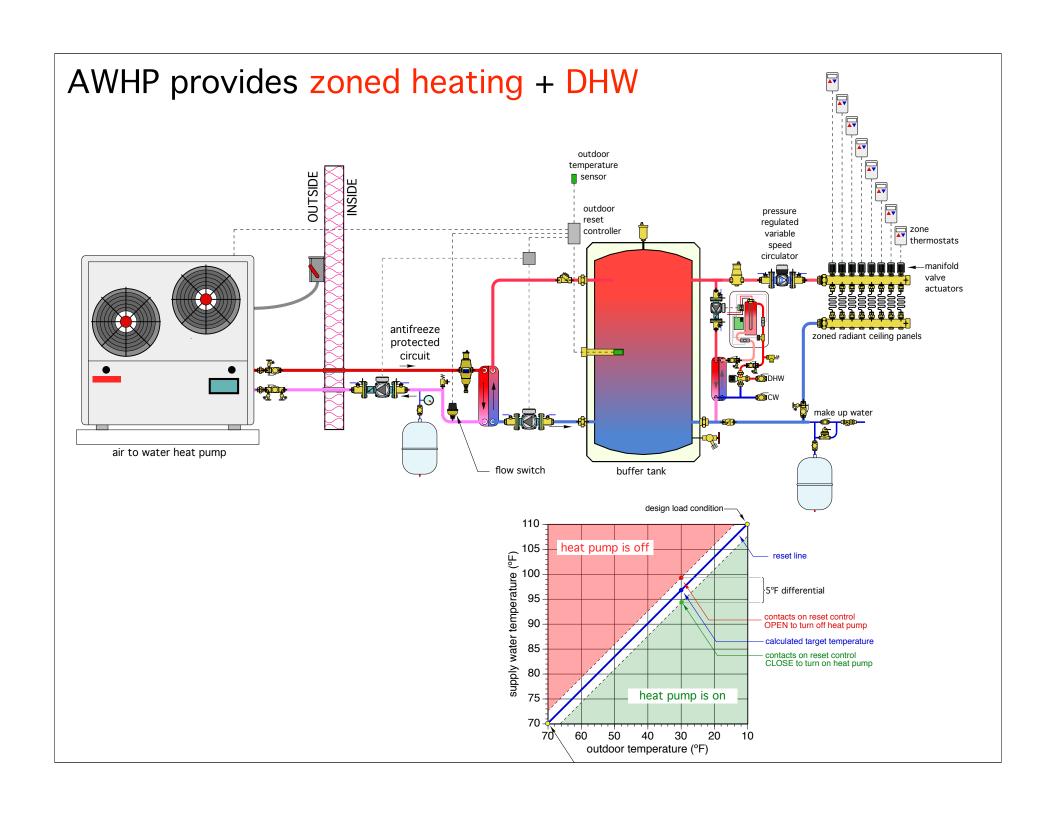


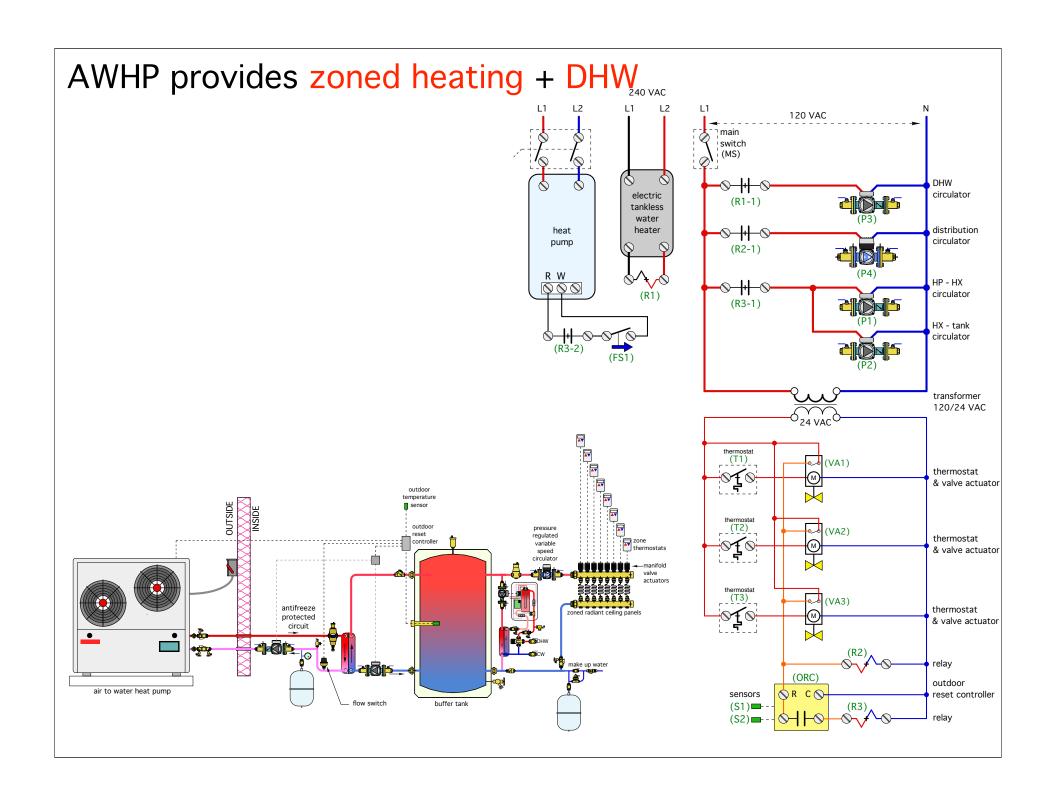




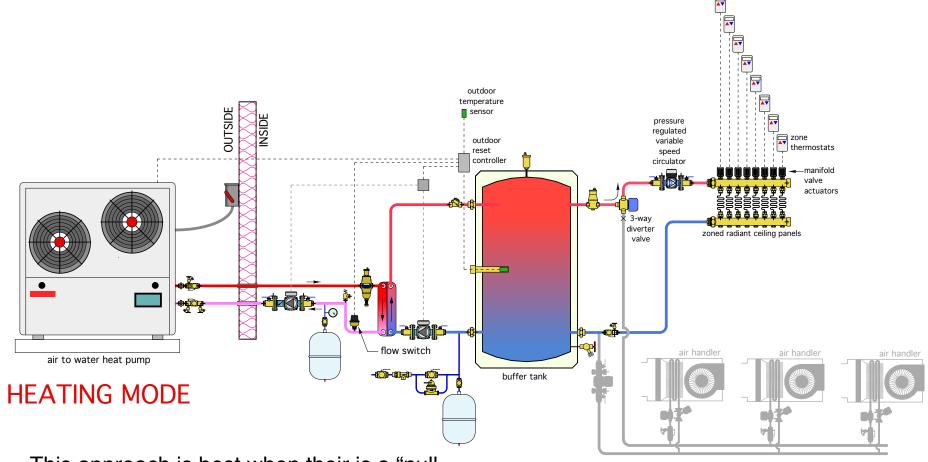


# Example Systems using air-to-water heat pumps



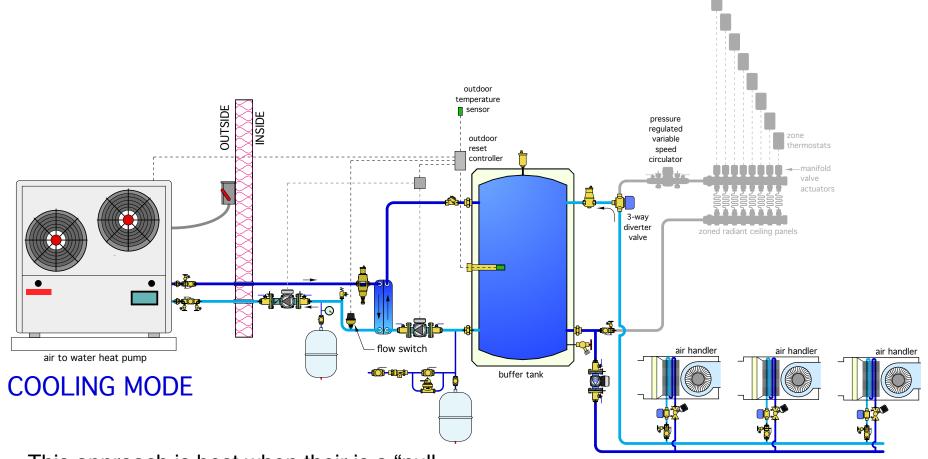


# AWHP provides zoned heating + zoned cooling



- This approach is best when their is a "null period" of several days between when heating and cooling is needed.
- All components carrying chilled water must be insulated and vapor sealed.

# AWHP provides zoned heating + zoned cooling



- This approach is best when their is a "null period" of several days between when heating and cooling is needed.
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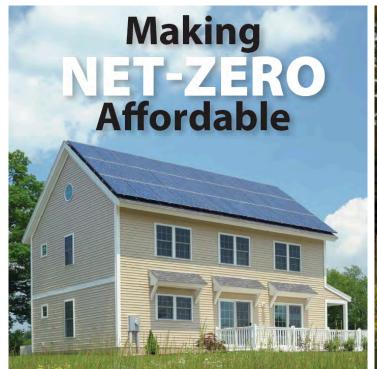
#### AWHP provides zoned heating + zoned cooling + DHW controller OUTSIDE INSIDE (S2) sensors in thermostats actuators antifreeze (HX2) protected ceiling panels circuit **OFFICE** heat exchanger 2-stage air to water heat pump • In summer, heat pump *could* switch (AH1) between heating buffer tank, and providing chilled water cooling. Zoned cooling w/o buffer only for 2 stage, or modulating heat pumps Instantaneous domestic water heating

AWHP provides zoned heating + zoned cooling + DHW mod/con boiler provides auxiliary heat temperature sensor modulating / condensing boiler thermostatically controlled electric tankless outdoor outdoor temperature temperature sensor (S5) outdoo outdoor OUTSIDE septoint controller temperature controller (ORC) (SPC1) (S2) (S3) spring-loaded check valve zoned radiant ceiling panels antifreeze protected circuit tank heat exchanger 2-stage air to water heat pump Zoned cooling <u>w/o buffer only for 2</u> stage, or modulating heat pumps Instantaneous domestic water heating Could eliminate the ETWH & use boiler

for DHW, but at higher tank temperature.

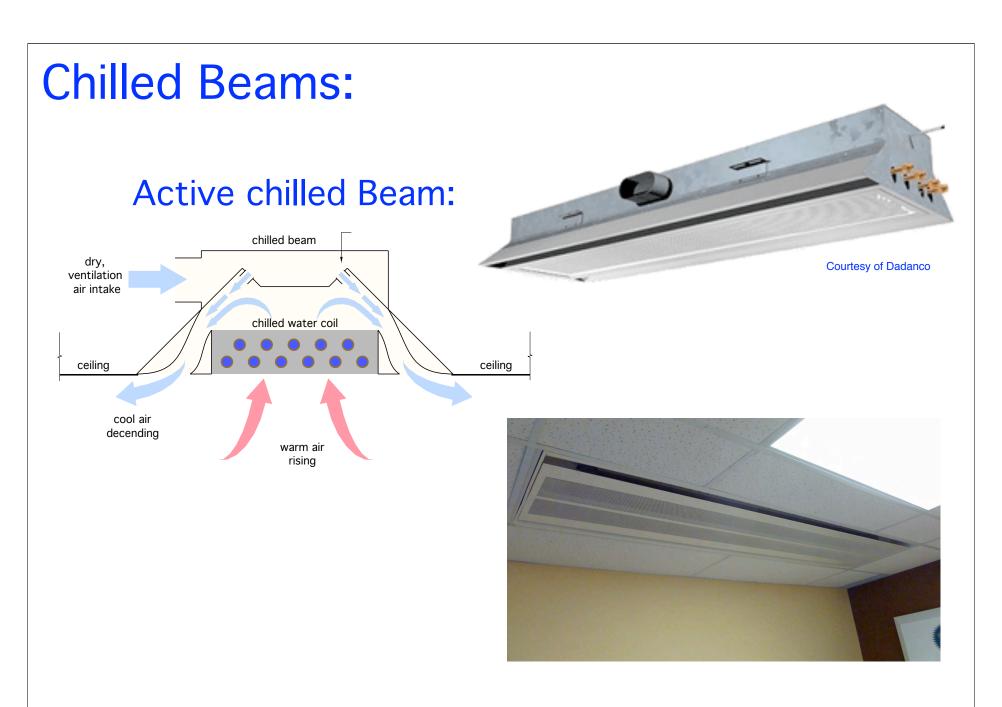
#### AWHP provides excellent matching to solar PV system in net zero houses.

photo courtesy of GO Logic





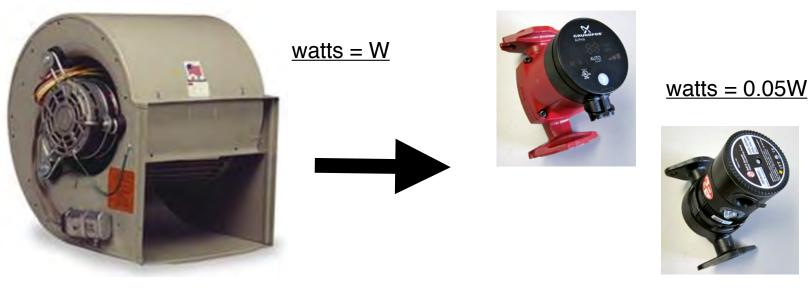
- Net metering allow PV generated electricity to be "stored" by utility until needed to operate heat pump.
- Future trends are toward "all electric" houses.
- Heating loads are so small it doesn't pay to have gas meter
- Combine AWHP for heating, cooling, and DHW
- In California, all buildings built after 2020 will be required to be net zero.



All chilled beams must operate above dewpoint temperature of room

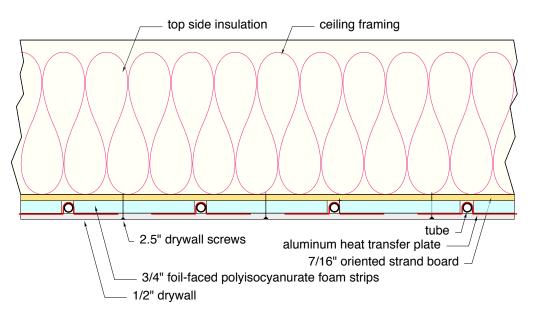
# Radiant ceiling panels (for cooling)

# Motivation: Move the sensible cooling load from air-side delivery to water side delivery



- reduces air flow requirements to those required for ventilation and latent cooling
- reduces duct sizes
- reduces blower size and reduced operation cost
- reduced operating noise

# Radiant Ceiling Panels for heating & cooling



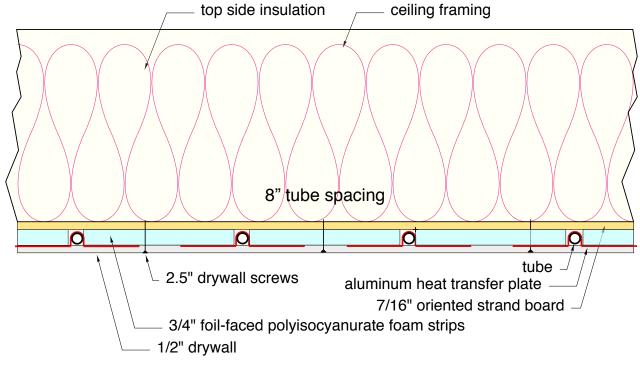






# Chilled Water Cooling with Radiant Ceiling Panel

- Radiant ceilings can be used for SENSIBLE COOLING ONLY.
- Must have another air handler to handle latent load



 $T_{ceiling} = average$ surface temperature of ceiling (°F)

 $T_{room} = room$ temperature (°F)

q<sub>absorbed</sub> = heat flux absorbed (Btu/hr/ft<sup>2</sup>)

 $\Delta T_{w-s} = difference$ between average temperature in tubing, and average surface temperature (°F)

$$q_{absorbed} = 1.48 \left( T_{room} - \overline{T}_{ceiling} \right)^{1.1}$$

$$q_{absorbed} = 1.48 \left( 75 - 65 \right)^{1.1} = 18.6 \frac{Btu}{hr \cdot ft^2}$$

$$\Delta T_{W \to S} \cong 0.462 (q_{absorbed})$$
 To absorb 18.6 Btu/hr/ft², the average the tubing of this assembly needs to than the average surface temperature.

To absorb 18.6 Btu/hr/ft<sup>2</sup>, the **average** water temperature in the tubing of this assembly needs to be about 8.6 °F cooler

# Suspended ceiling panels (for heating & cooling) low thermal mass fast response Insulation fitted at works 40 mm mineral wool • connect with "stab" fittings 25 mm Rockfon Graphite sandwich Steel plate 0.6 mm Copper tube 10 x 0.4 mm 600 x 3.000 mm 2 ft x 10 ft 600 x 2.400 mm 2ftx8ft 600 x 1.800 mm 2ftx6ft 600 x 1.200 mm 2ftx4ft 600 x 600 mm 2ftx2ft images courtesy of Zehnder

#### Suspended ceiling panels (for heating & cooling)

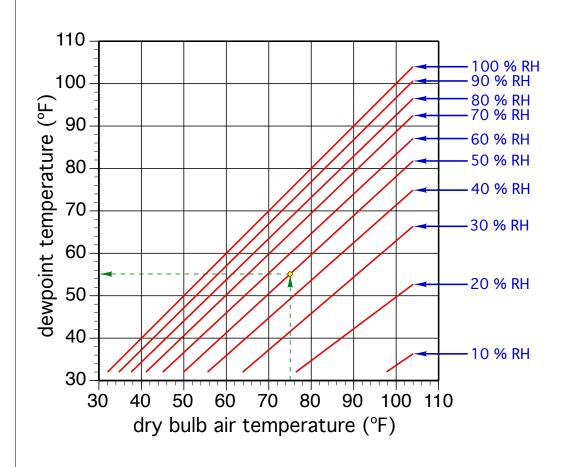


installed as self-supporting, suspended panels

images courtesy of Zehnder

# Chilled Water Cooling with Radiant Ceiling Panel

Water temperature through radiant panel circuits must be maintained above dewpoint to avoid condensation.



$$T_{({}^{\circ}C)} = \frac{T_{({}^{\circ}F)} - 32}{1.8}$$

$$\ln\left(\frac{RH}{100}\right) + \left(\frac{17.27T_{DB({}^{\circ}C)}}{237.3 + T_{DB({}^{\circ}C)}}\right)$$

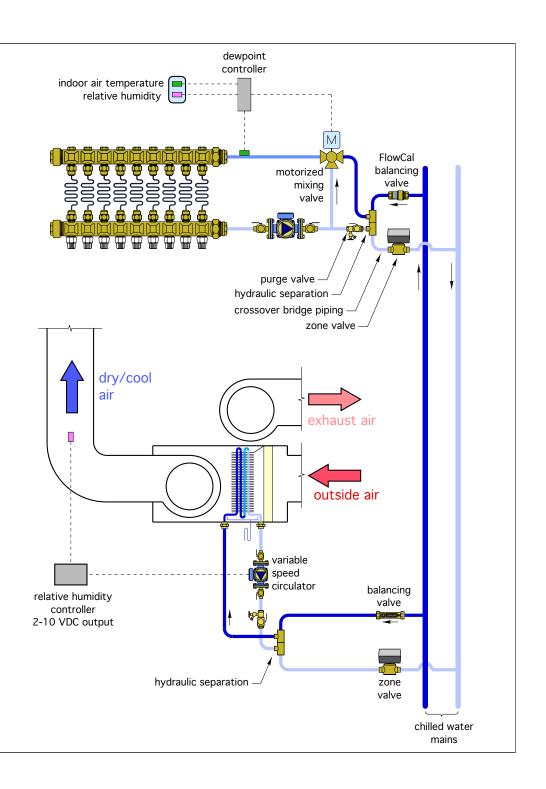
$$B = \frac{17.27}{17.27}$$

$$T_{dew({}^{\circ}C)} = \frac{237.3B}{1 - B}$$

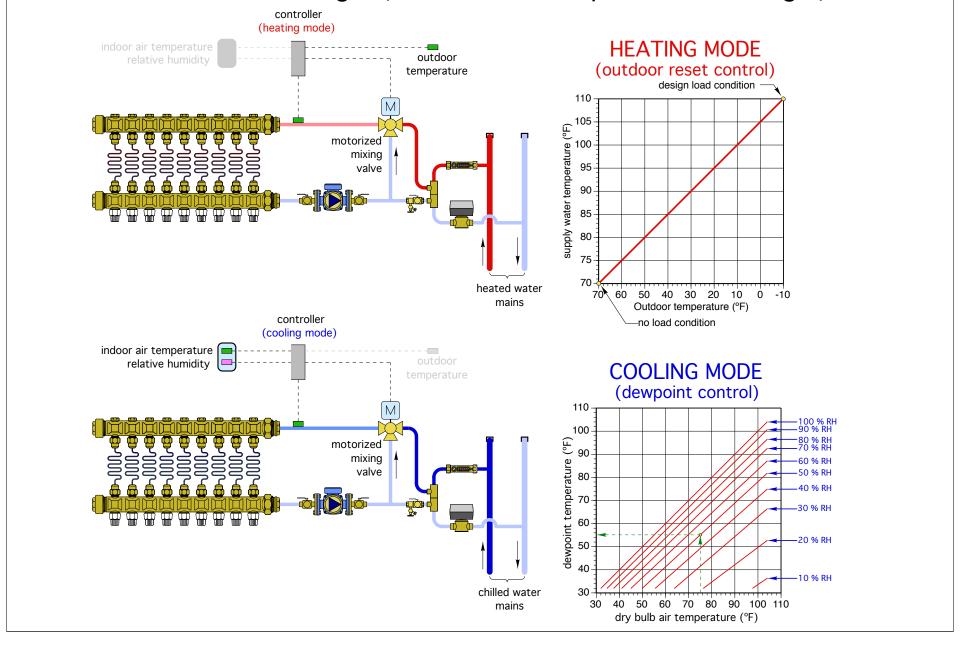
$$T_{({}^{\circ}F)} = 1.8T_{({}^{\circ}C)} + 32$$

# Chilled Water Cooling with Radiant Ceiling Panel

- Mixing valve operated by dewpoint controller maintain radiant panel supply temperature about 2-3 °F above current room dewpoint temperature.
- Latent cooling and ventilation accomplished by chilled water air handler.

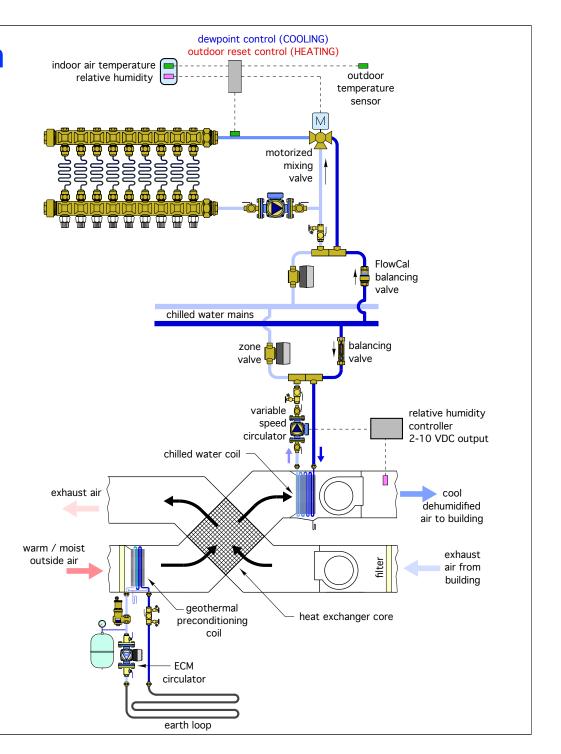


Same mixing valve and radiant panel can be used for heating, but with outdoor reset control logic (rather than dewpoint control logic).



# Chilled Water Cooling with HRV or ERV Ventilation

- geothermal pre-conditioning of ventilation air
- chilled water coil provide latent cooling (moisture removal)
- Radiant panel(s) provide sensible cooling

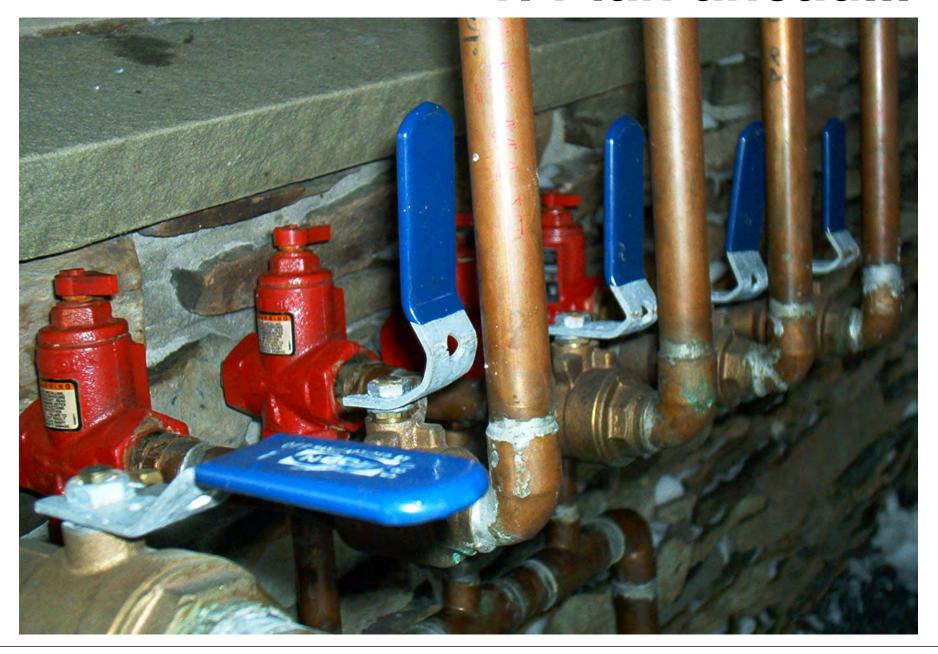


# Summary:

- 1. Air to water heat pumps are available for hydronic heating, chilled water cooling, and domestic water heating.
- 2. Both "self-contained" and "split system" versions are available
- 3. In cold climates "self-contained" systems should use antifreeze to protect against freezing.
- 4. Life cycle cost can be very competitive or lower than ground source heat pumps (depending on climate and load).
- 5. Can be combined with large thermal storage to take advantage of favorable outdoor air temperatures and/or off-peak electrical rates.
- 6. Keep supply water temperature on heating distribution system as low as possible for best performance. Suggest supply water temperature at design load not exceed 120°F.
- 7. Keep supply water temperature on cooling distribution system as high as possible for best performance. Suggest supply water temperature at design load not be less than 45°F.
- 8. Use AWHPs in combination with low temperature hydronic systems, and solar PV systems in net zero and low load "all electric" buildings.

# **Parting thoughts...**

# 1. Plan ahead...



Parting thoughts...

2. Keep it neat...



Parting thoughts...

# 3. Keep it simple...



# Parting thoughts... 4. Recognize opportunity...



# Thanks for attending today's session



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